

## Prova Principal

6,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	19,4°C	88%
End	20:53	18,4°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Junior Feminino

1	649	Beatriz Azevedo	SCP	Junior Feminino	21:25		03:27
2	650	Clara Barbosa	SCP	Junior Feminino	22:00	+00:35	03:33
3	2314	Rita Campos Cardoso	JIV	Junior Feminino	27:25	+06:00	04:25
4	141	Lara Araújo	Escola de Atletismo da Trofa	Junior Feminino	27:47	+06:22	04:29

### Junior Masculino

1	638	Evandro Sengo Pires	Run Tejo – Prevent Sprain	Junior Masculino	18:19		02:57
2	651	Rodrigo Martins	SCP	Junior Masculino	18:24	+00:05	02:58
3	510	Leonardo Jacinto	Juventude Vidigalense	Junior Masculino	19:29	+01:10	03:08
4	512	Tiago Jorge	Juventude Vidigalense	Junior Masculino	19:29	+01:10	03:09
5	511	Pedro Rodrigues	Juventude Vidigalense	Junior Masculino	19:30	+01:11	03:09
6	181	Márcio Ramos Dias	Grupo Recreativo Eirense	Junior Masculino	19:45	+01:26	03:11
7	122	Eugénio Medeiros	Clube Desportivo de Vila Franca	Junior Masculino	20:53	+02:34	03:22
8	795	Rafael Baptista	JIV	Junior Masculino	22:44	+04:25	03:40
9	113	Bruno Rocha	CDOL - Clube Desportivo Operário de Lagoa	Junior Masculino	23:03	+04:44	03:43
10	742	Miguel Vasconcelos	JIV	Junior Masculino	25:27	+07:07	04:06
11	744	Luciano Carvalho	Individual	Junior Masculino	26:49	+08:30	04:20
12	462	Afonso Neves	JIV	Junior Masculino	35:06	+16:47	05:40
13	675	Tiago Alves Branco	JIV	Junior Masculino	35:07	+16:47	05:40
14	781	Miguel Câmara	Individual	Junior Masculino	40:02	+21:43	06:27
15	236	Simão Pedro Medeiros	Individual	Junior Masculino	45:41	+27:22	07:22
16	234	Igor Bernardo Aguiar	Individual	Junior Masculino	45:41	+27:22	07:22

### Juvenil Feminino

1	464	Natacha Candé	JIV	Juvenil Feminino	27:12		04:23
2	114	Sofia Azevedo Reis	CDOL - Clube Desportivo Operário de Lagoa	Juvenil Feminino	29:39	+02:27	04:47
3	82	Margarida Ferreira Rico	ADSP	Juvenil Feminino	37:13	+10:01	06:00
4	239	Sara Cristina Oliveira Gonçalves	Individual	Juvenil Feminino	37:14	+10:02	06:00
5	780	Isabel Melo	JIV	Juvenil Feminino	40:21	+13:09	06:30
6	238	Mariana Santos	Individual	Juvenil Feminino	40:35	+13:23	06:33

### Juvenil Masculino

1	465	Afonso Cordeiro	JIV	Juvenil Masculino	23:07		03:44
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### OFFICIAL RESULT

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2	90	SIMÃO VIEIRA	ATLÉTICO CLUBE DA FAJÃ GRANDE	Juvenil Masculino	23:15	+00:07	03:45
3	470	Simão Melo	JIV	Juvenil Masculino	23:15	+00:08	03:45
4	466	Afonso Eiró	JIV	Juvenil Masculino	23:57	+00:49	03:52
5	468	Celestino Mota	JIV	Juvenil Masculino	24:03	+00:55	03:53
6	2301	Luís Sousa Pires	Individual	Juvenil Masculino	24:33	+01:25	03:58
7	469	Martim Mendes	JIV	Juvenil Masculino	25:56	+02:48	04:11
8	240	Josué da Silva Salvador	Individual	Juvenil Masculino	26:49	+03:41	04:20
9	681	Pedro Pacheco Pina	CrossFit PDL	Juvenil Masculino	26:59	+03:51	04:21
10	467	André Duarte	JIV	Juvenil Masculino	27:06	+03:58	04:22
11	517	Francisco Torres	Kickboxing Clube de São Miguel	Juvenil Masculino	27:24	+04:16	04:25
12	743	Pedro Rego	Kickboxing Clube de São Miguel	Juvenil Masculino	28:01	+04:54	04:31
13	518	Tomás de Azevedo Pacheco Rodrigues	Kickboxing Clube de São Miguel	Juvenil Masculino	28:13	+05:05	04:33
14	241	Rodrigo Silva Cabral	Individual	Juvenil Masculino	28:35	+05:27	04:37
15	152	Filipe Jesus	Fun&Runners Club	Juvenil Masculino	30:08	+07:00	04:52
16	716	Afonso Serrano	JIV	Juvenil Masculino	30:09	+07:01	04:52
17	775	Simão Almeida	ACTIVE CLUBE	Juvenil Masculino	34:05	+10:57	05:30
18	592	Gonçalo Costa Giesta	NSCPISM	Juvenil Masculino	34:49	+11:41	05:37
19	713	Alexandre Bernardo Mendes	Individual	Juvenil Masculino	39:31	+16:23	06:22

## Senior Feminino

1	614	Sara Carvalho	RD AGUEDA	Senior Feminino	21:02		03:24
2	652	Marta Castro	SCP	Senior Feminino	21:06	+00:03	03:24
3	640	Kcénia Bougrova	Run Tejo – Prevent Sprain	Senior Feminino	21:11	+00:08	03:25
4	639	Ana Filipa Fontinha Rebelo	Run Tejo – Prevent Sprain	Senior Feminino	21:59	+00:57	03:33
5	142	Ana Silva	Escola de Atletismo da Trofa	Senior Feminino	22:02	+01:00	03:33
6	544	Beatriz Pereira	Maia AC	Senior Feminino	22:27	+01:25	03:37
7	2	Cátia Pereira	Juventude Vidigalense	Senior Feminino	22:32	+01:29	03:38
8	513	Daria Melnyk	Juventude Vidigalense	Senior Feminino	22:43	+01:41	03:40
9	143	Daniela Gregório	Escola de Atletismo da Trofa	Senior Feminino	22:57	+01:55	03:42
10	546	Mara Resende	Maia AC	Senior Feminino	23:09	+02:06	03:44
11	654	Sofia Silva	SCP	Senior Feminino	23:09	+02:07	03:44
12	471	Joana Durão	JIV	Senior Feminino	23:28	+02:26	03:47
13	545	Gabriela Almeida	Maia AC	Senior Feminino	24:06	+03:04	03:53
14	144	Filipa Diamantino	Escola de Atletismo da Trofa	Senior Feminino	24:40	+03:38	03:59
15	123	Cláudia Oliveira	Clube Desportivo de Vila Franca	Senior Feminino	25:31	+04:29	04:07
16	473	Nicole Healion	JIV	Senior Feminino	28:05	+07:02	04:32
17	653	Sara Catarina Ribeiro	SCP	Senior Feminino	28:44	+07:41	04:38
18	52	Maria da Conceição da Costa Barbosa Freitas	ACTIVE CLUBE	Senior Feminino	29:38	+08:36	04:47
19	249	Claire Herzog	Individual	Senior Feminino	29:46	+08:43	04:48
20	124	Paula Cristina Martins Sousa	Clube Desportivo de Vila Franca	Senior Feminino	29:55	+08:53	04:50
21	547	Mariana Regalo	Maia AC	Senior Feminino	31:14	+10:11	05:02
22	135	Sara Barbosa	CrossFit PDL	Senior Feminino	31:58	+10:56	05:09
23	155	Carolina Vidal	Fun&Runners Club	Senior Feminino	32:05	+11:02	05:10
24	527	Maria Salgadinho	LetsRunAzores	Senior Feminino	32:08	+11:05	05:11

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**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

25	258	Mariana Lopes Ávila de Sousa Pacheco	Individual	Senior Feminino	32:36	+11:34	05:16
26	254	Luciana Sousa	Velha Guarda Trail Team	Senior Feminino	33:20	+12:18	05:23
27	257	Mariana de Lima Machado	Individual	Senior Feminino	33:22	+12:20	05:23
28	252	Isabel Pinto Oliveira	Individual	Senior Feminino	33:30	+12:27	05:24
29	250	Inês Curvelo Mendes	Individual	Senior Feminino	33:33	+12:31	05:25
30	251	Inês Viana	Individual	Senior Feminino	34:48	+13:46	05:37
31	157	Filipa Lima	Fun&Runners Club	Senior Feminino	35:06	+14:04	05:40
32	159	Nicole Costa	Fun&Runners Club	Senior Feminino	35:40	+14:37	05:45
33	776	Dina Silva	ACTIVE CLUBE	Senior Feminino	36:20	+15:18	05:52
34	760	Joana Pacheco	Individual	Senior Feminino	36:47	+15:45	05:56
35	153	Ana Araújo	Fun&Runners Club	Senior Feminino	37:04	+16:02	05:59
36	158	Joana Margarida Melo Raposo	Fun&Runners Club	Senior Feminino	37:08	+16:05	05:59
37	618	PATRICIA FERREIRA	Regimento de Guarnição N°2	Senior Feminino	37:10	+16:08	06:00
38	647	Yasmin Redolosis	SCDC	Senior Feminino	37:12	+16:10	06:00
39	156	Catarina Barbosa	Fun&Runners Club	Senior Feminino	37:17	+16:15	06:01
40	248	Bruna Travassos Valério	Individual	Senior Feminino	37:24	+16:21	06:02
41	260	Rita Gouveia Almeida	Individual	Senior Feminino	37:35	+16:32	06:04
42	246	Andreia Carreiro	Individual	Senior Feminino	39:03	+18:01	06:18
43	243	Ana Catarina Ferreira Pinto	Individual	Senior Feminino	39:30	+18:28	06:22
44	154	Carolina Melo	Fun&Runners Club	Senior Feminino	40:59	+19:57	06:37
45	261	Sara Enriqueta Suay Alcalá	Individual	Senior Feminino	41:16	+20:14	06:39
46	253	Lucia Gonzalez Dominguez	Individual	Senior Feminino	41:17	+20:14	06:39
47	244	Ana Maria Lopes de Oliveira	Individual	Senior Feminino	41:20	+20:18	06:40
48	256	Maria Gouveia	Individual	Senior Feminino	44:41	+23:39	07:12
49	785	Ana Raquel Roque Raposo	Individual	Senior Feminino	46:11	+25:09	07:27

**Senior Masculino**

1	148	Ricardo Jorge Henriques Pereira	EV/PERALTAFIL	Senior Masculino	17:41		02:51
2	1	Nuno Fernandes	são salvador do campo	Senior Masculino	17:44	+00:02	02:52
3	615	João Almeida	RD AGUEDA	Senior Masculino	17:47	+00:06	02:52
4	482	Lourenço Rodrigues	JIV	Senior Masculino	17:58	+00:16	02:54
5	515	Gonçalo Varela	Juventude Vidigalense	Senior Masculino	18:11	+00:30	02:56
6	656	João Pereira	SCP	Senior Masculino	18:11	+00:30	02:56
7	658	Lourenço Ferreira	SCP	Senior Masculino	18:13	+00:32	02:56
8	551	Samuel Rios	Maia AC	Senior Masculino	18:32	+00:50	02:59
9	657	Leandro Monteiro	SCP	Senior Masculino	18:38	+00:57	03:00
10	550	Pedro Meireles	Maia AC	Senior Masculino	18:45	+01:03	03:01
11	514	André Silva	Juventude Vidigalense	Senior Masculino	18:53	+01:11	03:03
12	548	Bruno Silva	Maia AC	Senior Masculino	18:54	+01:13	03:03
13	183	Fábio André Abrantes	Grupo Recreativo Eirense	Senior Masculino	19:01	+01:20	03:04
14	642	Filipe Palma Rebelo	Run Tejo – Prevent Sprain	Senior Masculino	19:01	+01:20	03:04
15	655	Alex Macuácuca	SCP	Senior Masculino	19:02	+01:21	03:04
16	182	André Antunes	Grupo Recreativo Eirense	Senior Masculino	19:08	+01:27	03:05
17	549	Miguel Ribeiro	Maia AC	Senior Masculino	19:12	+01:31	03:06
18	481	Joel Moreira	JIV	Senior Masculino	20:09	+02:27	03:15

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**Prova Principal**

**6,2 KM**

**OFFICIAL RESULT**

19	475	Fábio Rodrigues	JIV	Senior Masculino	20:40	+02:59	03:20
20	793	Henrique Baptista Nicolau	CDOL - Clube Desportivo Operário de Lagoa	Senior Masculino	20:49	+03:07	03:21
21	109	Bruno Henrique Figueiredo Nunes	Casa do Povo de São Pedro	Senior Masculino	21:49	+04:08	03:31
22	641	António Boné	Run Tejo – Prevent Sprain	Senior Masculino	22:10	+04:29	03:35
23	484	Miguel Mendes	JIV	Senior Masculino	23:03	+05:22	03:43
24	2310	Tiago Furna	Individual	Senior Masculino	23:30	+05:49	03:47
25	2305	Rúben Martins	Fontinhas Ativa - Promotora	Senior Masculino	23:42	+06:01	03:49
26	474	Fábio Barbosa	JIV	Senior Masculino	23:59	+06:18	03:52
27	622	IURI FERNANDES	Regimento de Guarnição Nº2	Senior Masculino	24:00	+06:19	03:52
28	626	JOSÉ OLIVEIRA	Regimento de Guarnição Nº2	Senior Masculino	24:44	+07:02	03:59
29	2315	Diogo Costa	Individual	Senior Masculino	24:46	+07:05	04:00
30	2316	João Aragão	Individual	Senior Masculino	24:46	+07:05	04:00
31	162	Bruno Oliveira	Fun&Runners Club	Senior Masculino	24:56	+07:15	04:01
32	190	Gonçalo Vasconcelos Vicente	HL Runners Club	Senior Masculino	25:05	+07:24	04:03
33	476	Frederico Carreiro	JIV	Senior Masculino	25:09	+07:28	04:03
34	629	VASCO GOMES	Regimento de Guarnição Nº2	Senior Masculino	25:14	+07:33	04:04
35	628	PEDRO VASCONCELOS	Regimento de Guarnição Nº2	Senior Masculino	25:45	+08:03	04:09
36	619	CARLOS SILVA	Regimento de Guarnição Nº2	Senior Masculino	26:06	+08:25	04:13
37	53	Pedro Moniz	ACTIVE CLUBE	Senior Masculino	26:09	+08:27	04:13
38	275	José Melo	Individual	Senior Masculino	26:19	+08:38	04:15
39	268	Filipe Pinheiro	Individual	Senior Masculino	26:22	+08:40	04:15
40	623	JOÃO FERREIRA	Regimento de Guarnição Nº2	Senior Masculino	26:25	+08:44	04:16
41	107	Pedro Pacheco Amaral	CAOV	Senior Masculino	26:27	+08:46	04:16
42	763	Fábio Agostinho	Individual	Senior Masculino	26:32	+08:51	04:17
43	486	Tiago Gomes	JIV	Senior Masculino	26:33	+08:52	04:17
44	277	Rafael Ferreira	Individual	Senior Masculino	26:34	+08:53	04:17
45	126	Rodrigo Botelho Costa	Clube Desportivo de Vila Franca	Senior Masculino	26:46	+09:05	04:19
46	621	FRANCISCO GRÁCIO	Regimento de Guarnição Nº2	Senior Masculino	27:01	+09:19	04:21
47	281	Rui Resendes	Individual	Senior Masculino	27:22	+09:41	04:25
48	620	FLÁVIO PINTO	Regimento de Guarnição Nº2	Senior Masculino	27:24	+09:43	04:25
49	627	NUNO FERREIRA	Regimento de Guarnição Nº2	Senior Masculino	27:38	+09:57	04:27
50	2306	André Ferreira	Fontinhas Ativa - Promotora	Senior Masculino	27:51	+10:10	04:30
51	283	Sérgio Costa	Individual	Senior Masculino	28:39	+10:58	04:37
52	266	Diogo Pimentel	Individual	Senior Masculino	28:42	+11:00	04:38
53	166	Vítor Sousa	Fun&Runners Club	Senior Masculino	29:02	+11:21	04:41
54	163	Manuel António Pacheco Faria	Fun&Runners Club	Senior Masculino	29:09	+11:27	04:42
55	772	António Franco	Velha Guarda Trail Team	Senior Masculino	29:12	+11:30	04:43
56	262	António Silva	Individual	Senior Masculino	29:13	+11:31	04:43
57	717	Daniel Cabral	Individual	Senior Masculino	29:24	+11:42	04:44
58	278	Rafael Julio	Individual	Senior Masculino	29:45	+12:04	04:48
59	2311	Andre Jorge Moniz Garcia	Individual	Senior Masculino	30:21	+12:40	04:54
60	790	Luis Machado	CrossFit PDL	Senior Masculino	30:26	+12:44	04:54
61	189	Carlos Toipa	HL Runners Club	Senior Masculino	30:38	+12:57	04:56
62	784	Emanuel João Rebelo Melo	Individual	Senior Masculino	30:40	+12:59	04:57
63	2318	Rodrigo Amaral	Individual	Senior Masculino	30:44	+13:03	04:57
64	286	Tiago Miranda Soares da Costa Dias	Individual	Senior Masculino	30:53	+13:12	04:59

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**OFFICIAL RESULT**

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65	161	André Alves	Fun&Runners Club	Senior Masculino	31:05	+13:24	05:01
66	282	Sergio Carvalho	Individual	Senior Masculino	31:20	+13:39	05:03
67	271	Isaac Furtado Correia	Individual	Senior Masculino	31:27	+13:46	05:04
68	2325	Gonçalo Salgueiro	Clube Juventude Ilha Verde	Senior Masculino	33:08	+15:27	05:21
69	269	Francisco Cardoso	Individual	Senior Masculino	34:47	+17:06	05:37
70	754	Vitor Vieira	Individual	Senior Masculino	34:56	+17:15	05:38
71	287	Tibério Baptista	Individual	Senior Masculino	35:04	+17:23	05:39
72	272	Jaime Daniel Leite Pereira	Individual	Senior Masculino	35:18	+17:37	05:42
73	265	Diogo Braga Gomes	Individual	Senior Masculino	35:20	+17:39	05:42
74	270	Gonçalo Carreiro	Individual	Senior Masculino	35:38	+17:57	05:45
75	685	Fabio Ribeiro	Individual	Senior Masculino	36:50	+19:09	05:56
76	263	Cristiano Maurício	Individual	Senior Masculino	37:12	+19:30	06:00
77	727	Diego castro patião	Individual	Senior Masculino	41:16	+23:35	06:39
78	276	Miguel José	Individual	Senior Masculino	41:17	+23:36	06:40
79	694	Carlos Costa	Individual	Senior Masculino	41:41	+24:00	06:43
80	164	Tiago Botelho Medeiros	Fun&Runners Club	Senior Masculino	41:52	+24:11	06:45

**Veterana F35**

1	644	Ana Rita Pina da Rosa	Run Tejo – Prevent Sprain	Veterana F35	22:34		03:38
2	645	Natacha Lucas da Rocha e Cunha	Run Tejo – Prevent Sprain	Veterana F35	23:49	+01:14	03:50
3	2309	Patrícia Helena Sousa Ferreira	SPORTING CLUBE ESPINHO	Veterana F35	24:05	+01:30	03:53
4	192	Diana Vultão	HL Runners Club	Veterana F35	26:14	+03:39	04:14
5	560	Ida Rust	Morcegos Trail Club	Veterana F35	26:39	+04:04	04:18
6	707	Ana Sereno	JIV	Veterana F35	28:40	+06:05	04:37
7	487	Ângela Simas	JIV	Veterana F35	29:20	+06:46	04:44
8	168	Filipa Ferreira	Fun&Runners Club	Veterana F35	30:00	+07:25	04:50
9	563	Sara Palrinhas	Morcegos Trail Club	Veterana F35	30:11	+07:36	04:52
10	58	Margarida Cabral	ACTIVE CLUBE	Veterana F35	30:11	+07:37	04:52
11	103	Raquel Brum Cordeiro	CAL Clínica	Veterana F35	30:29	+07:55	04:55
12	104	Sara Raposo	CAL Clínica	Veterana F35	30:39	+08:05	04:57
13	193	Tânia Arruda Gonçalves	HL Runners Club	Veterana F35	30:52	+08:17	04:59
14	55	Ana Batista	ACTIVE CLUBE	Veterana F35	31:13	+08:39	05:02
15	289	Ana Brito	Individual	Veterana F35	31:43	+09:09	05:07
16	529	Marlene Arruda	LetsRunAzores	Veterana F35	31:54	+09:19	05:09
17	307	Raquel Batista	Individual	Veterana F35	32:38	+10:03	05:16
18	91	Susana Alexandra Gomes Soares	ATLÉTICO CLUBE DA FAJÁ GRANDE	Veterana F35	33:46	+11:12	05:27
19	83	Carmen Costa	ADSP	Veterana F35	33:56	+11:22	05:28
20	315	Vera Vultão	Individual	Veterana F35	34:15	+11:41	05:31
21	561	Marta Oliveira Vasconcelos Mendonça	Morcegos Trail Club	Veterana F35	34:16	+11:42	05:32
22	750	Sara Costa	JIV	Veterana F35	34:29	+11:55	05:34
23	136	Délcia Ponte	CrossFit PDL	Veterana F35	34:31	+11:56	05:34
24	169	Marina da Silva Medeiros	Fun&Runners Club	Veterana F35	34:45	+12:11	05:36
25	309	Raquel Pombo Martins	Individual	Veterana F35	35:52	+13:17	05:47
26	172	Teresa Sousa	Fun&Runners Club	Veterana F35	36:08	+13:34	05:50

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**Prova Principal**

**6,2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

27	51	Sandra Sousa	ACTIVE CLUBE	Veterana F35	36:29	+13:54	05:53
28	61	Vanda Aguiar	ACTIVE CLUBE	Veterana F35	36:29	+13:55	05:53
29	302	Joana Fernandes	Individual	Veterana F35	37:11	+14:37	06:00
30	293	ANA SOUSA	Individual	Veterana F35	37:14	+14:40	06:00
31	316	Verónica Campos	Individual	Veterana F35	37:17	+14:43	06:01
32	686	Cândida Pavão	Individual	Veterana F35	37:31	+14:57	06:03
33	57	Dulce Moreira	ACTIVE CLUBE	Veterana F35	37:56	+15:22	06:07
34	56	Cláudia Santana	ACTIVE CLUBE	Veterana F35	38:20	+15:45	06:11
35	519	Rute Moniz	Kickboxing Clube de São Miguel	Veterana F35	38:21	+15:47	06:11
36	296	Cintia Marisa Pereira de Freitas	Atlético Clube da Fajã Grande	Veterana F35	38:23	+15:48	06:11
37	304	Magda Reis	Individual	Veterana F35	38:58	+16:23	06:17
38	726	Margarida Santos	Individual	Veterana F35	39:00	+16:26	06:17
39	95	Susana Andreia de Macedo Soares Lopes	Azorean Lactic Acid Droppers	Veterana F35	39:08	+16:33	06:19
40	311	Rita Lourenço	Individual	Veterana F35	39:19	+16:44	06:20
41	194	Teresa Sá Costa	HL Runners Club	Veterana F35	39:25	+16:50	06:21
42	292	Ana Ponte	Individual	Veterana F35	39:26	+16:51	06:22
43	714	Natalia Perez Peña	Individual	Veterana F35	39:58	+17:23	06:27
44	295	Catarina Soares	Individual	Veterana F35	40:33	+17:58	06:32
45	303	Madalena de Duarte Saraiva	Individual	Veterana F35	40:33	+17:58	06:32
46	664	Cátia Ponte	Velha Guarda Trail Team	Veterana F35	40:36	+18:01	06:33
47	298	Eliana Braga	Individual	Veterana F35	40:36	+18:02	06:33
48	167	Cátia Medeiros	Fun&Runners Club	Veterana F35	40:59	+18:24	06:37
49	693	Solange Maria Teodoro Pacheco	Individual	Veterana F35	41:41	+19:07	06:43
50	301	Isabel Valério Resendes Tavares Carreiro	Individual	Veterana F35	42:09	+19:34	06:48
51	171	SOFIA BORGES	Fun&Runners Club	Veterana F35	42:33	+19:59	06:52
52	300	Helena Margarida Santos Medeiros	Individual	Veterana F35	42:58	+20:23	06:56
53	94	Rosa Maria Marques Cadima Soares Veiga	Azorean Lactic Acid Droppers	Veterana F35	46:11	+23:36	07:27
54	312	Talita Cristina Tavares Ferreira	Individual	Veterana F35	46:12	+23:37	07:27
55	721	Vera Jorge	Individual	Veterana F35	46:18	+23:44	07:28
56	305	Marilda de Fátima Couto Aguiar	Individual	Veterana F35	47:49	+25:14	07:43
57	88	RITA ALMEIDA	ATIVE CLUBE	Veterana F35	48:10	+25:35	07:46
58	87	LEONOR SOARES	ATIVE CLUBE	Veterana F35	48:10	+25:35	07:46

**Veterana F45**

1	491	ANDREA MANUELA MELO SILVA	JIV	Veterana F45	23:23		03:46
2	145	Júlia Sousa	Escola de Atletismo da Trofa	Veterana F45	25:01	+01:38	04:02
3	196	Mónica Cardoso	HL Runners Club	Veterana F45	25:46	+02:22	04:09
4	93	Maria João Silva	Atlético Desportivo de São Pedro	Veterana F45	26:00	+02:36	04:12
5	532	Elsa Morais	LetsRunAzores	Veterana F45	28:04	+04:40	04:32
6	121	Délia Soares	JIV	Veterana F45	28:28	+05:04	04:35
7	494	Sandra Sousa Gomes	JIV	Veterana F45	29:25	+06:01	04:45
8	65	Patrícia Mestre Santos	ACTIVE CLUBE	Veterana F45	30:14	+06:50	04:53
9	63	Anita Carrola	ACTIVE CLUBE	Veterana F45	30:18	+06:54	04:53

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## Prova Principal

**6,2 KM**

### OFFICIAL RESULT

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10	493	Sandra Azevedo	JIV	Veterana F45	31:28	+08:04	05:05
11	128	Sandra Santos	Clube Desportivo de Vila Franca	Veterana F45	31:33	+08:09	05:05
12	709	Beatriz Vieira	Morcegos Trail Club	Veterana F45	31:40	+08:16	05:06
13	564	Sónia Raquel Tavares Pereira da Silva Correia	Morcegos Trail Club	Veterana F45	32:01	+08:37	05:10
14	530	Cláudia Chalin	LetsRunAzores	Veterana F45	32:12	+08:48	05:12
15	757	Regina Rosário Sousa Arruda Pimentel	Morcegos Trail Club	Veterana F45	32:43	+09:19	05:17
16	62	Ana Sousa	ACTIVE CLUBE	Veterana F45	32:47	+09:23	05:17
17	533	Rita Correia	LetsRunAzores	Veterana F45	34:11	+10:47	05:31
18	715	Raquel Borges	LetsRunAzores	Veterana F45	34:12	+10:48	05:31
19	84	Ana Sofia da Silva Ferreira Rico	ADSP	Veterana F45	35:25	+12:01	05:43
20	321	Dalila Manuela Amaral Ferro	Individual	Veterana F45	36:04	+12:40	05:49
21	330	Tânia Viegas	Individual	Veterana F45	36:26	+13:02	05:53
22	64	Elizabeth Alves	ACTIVE CLUBE	Veterana F45	37:56	+14:32	06:07
23	520	IVONE DE FATIMA AZEVEDO PACHECO	Kickboxing Clube de São Miguel	Veterana F45	38:22	+14:58	06:11
24	768	Gorete Amaro	ACTIVE CLUBE	Veterana F45	38:23	+14:59	06:11
25	317	Ana Cristina Sousa	Individual	Veterana F45	39:13	+15:49	06:20
26	328	Paula Alexandra Lopes Vasconcelos Ramos	Individual	Veterana F45	39:28	+16:04	06:22
27	137	Maria da Graça Cabral	CrossFit PDL	Veterana F45	39:53	+16:29	06:26
28	680	Maria da Graça Martins da Cunha Pacheco	CrossFit PDL	Veterana F45	39:53	+16:29	06:26
29	534	Rita Reis	LetsRunAzores	Veterana F45	40:03	+16:39	06:28
30	329	SÓNIA MEDEIROS	Individual	Veterana F45	40:09	+16:45	06:29
31	320	Dalila Henriques Dinis	Individual	Veterana F45	40:16	+16:52	06:30
32	531	Cora Branco	LetsRunAzores	Veterana F45	40:58	+17:34	06:36
33	521	Paula Torres	Kickboxing Clube de São Miguel	Veterana F45	41:11	+17:47	06:39
34	535	Susana Medeiros	LetsRunAzores	Veterana F45	41:18	+17:54	06:40
35	678	Carmen Costa	Individual	Veterana F45	41:18	+17:54	06:40
36	319	Catarina Martins	Individual	Veterana F45	46:06	+22:42	07:26
37	66	Sofia Viveiros	ACTIVE CLUBE	Veterana F45	46:06	+22:42	07:26
38	610	Helena Simões	Os Migs	Veterana F45	46:26	+23:02	07:29
39	89	ELISA CARVALHO	ATIVE CLUBE	Veterana F45	48:10	+24:46	07:46

## Veterana F55

1	129	Odete Braga	Clube Desportivo de Vila Franca	Veterana F55	24:54		04:01
2	146	Deolinda Oliveira	Escola de Atletismo da Trofa	Veterana F55	26:03	+01:08	04:12
3	555	Isa Guerreiro	Milhafres	Veterana F55	28:49	+03:54	04:39
4	666	Maria do Carmo Borrego	Velha Guarda Trail Team	Veterana F55	35:42	+10:47	05:45
5	697	Maria de Lourdes Melo Gomes de Sousa	Individual	Veterana F55	35:51	+10:57	05:47
6	787	Ana Cunha Martin	Individual	Veterana F55	39:43	+14:48	06:24
7	695	Maria Casanova	Individual	Veterana F55	44:45	+19:50	07:13
8	67	Maria Inês Leite	ACTIVE CLUBE	Veterana F55	45:38	+20:43	07:22
9	687	Aida Medeiros	JIV	Veterana F55	46:23	+21:28	07:29
10	595	Maria Whittle	Olimpico Clube de Lagos	Veterana F55	52:45	+27:50	08:30

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**Prova Principal**
**6,2 KM**
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**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	594	Dionilde Martins	Olimpico Clube de Lagos	Veterana F55	52:46	+27:51	08:31
12	665	Célia Figueiredo	Velha Guarda Trail Team	Veterana F55	52:54	+27:59	08:32
13	593	Ana Rodrigues	Olimpico Clube de Lagos	Veterana F55	52:56	+28:01	08:32

**Veterano M35**

1	568	Nuno Miguel Alves Oliveira	Morcegos Trail Club	Veterano M35	20:53		03:22
2	616	Ricardo Andrade	RD AGUEDA	Veterano M35	21:23	+00:29	03:27
3	197	Michael Melo Gonçalves	HL Runners Club	Veterano M35	21:58	+01:05	03:33
4	566	Gonçalo José Botelho Vasconcelos Raposo	Morcegos Trail Club	Veterano M35	22:45	+01:51	03:40
5	92	MARCO HENRIQUES	Atlético Clube da Fajã Grande	Veterano M35	22:45	+01:52	03:40
6	358	Rui Manuel Lopes de Oliveira	Individual	Veterano M35	22:49	+01:55	03:41
7	130	André Filipe Gago da Câmara Arruda	Clube Desportivo de Vila Franca	Veterano M35	23:09	+02:16	03:44
8	495	Pedro Mota	JIV	Veterano M35	23:29	+02:35	03:47
9	345	João frias	Individual	Veterano M35	24:15	+03:22	03:55
10	2303	Ihar Lameka	Individual	Veterano M35	24:21	+03:28	03:56
11	360	Tiago Sousa	Individual	Veterano M35	25:01	+04:08	04:02
12	139	vitro rego	CrossFit PDL	Veterano M35	25:03	+04:09	04:02
13	335	Alexandre Pereira	Individual	Veterano M35	25:09	+04:15	04:03
14	176	Mário Melo	Fun&Runners Club	Veterano M35	25:23	+04:30	04:06
15	630	AURÉLIO BARBOSA	Regimento de Guarnição N°2	Veterano M35	25:31	+04:37	04:07
16	537	João Caetano	LetsRunAzores	Veterano M35	25:35	+04:42	04:08
17	749	Jose Tavares	ACTIVE CLUBE	Veterano M35	26:00	+05:06	04:12
18	634	PAULO SOARES	Regimento de Guarnição N°2	Veterano M35	27:22	+06:29	04:25
19	138	Jose Figueiredo	CrossFit PDL	Veterano M35	27:34	+06:41	04:27
20	2321	Fabiano Sousa	LetsRunAzores	Veterano M35	27:41	+06:48	04:28
21	565	André Filipe Cordeiro Silvestre	Morcegos Trail Club	Veterano M35	27:44	+06:51	04:28
22	359	Tiago Pereira	Individual	Veterano M35	27:50	+06:56	04:29
23	718	Helio filipe Gonçalves Teixeira	Individual	Veterano M35	27:56	+07:02	04:30
24	708	João Narciso Gonçalves	JIV	Veterano M35	28:40	+07:46	04:37
25	659	Francisco Ribeiro	SCP	Veterano M35	28:44	+07:50	04:38
26	131	Miguel Botelho Quental	Clube Desportivo de Vila Franca	Veterano M35	29:07	+08:14	04:42
27	173	Carlos Alexandre Medeiros Câmara	Fun&Runners Club	Veterano M35	29:12	+08:18	04:43
28	362	Vitor Magina	Individual	Veterano M35	29:12	+08:18	04:43
29	68	Henrique Roma Figueiredo	ACTIVE CLUBE	Veterano M35	29:16	+08:23	04:43
30	343	Hugo Filipe Soares de Medeiros	Individual	Veterano M35	29:40	+08:47	04:47
31	791	Fernando Calado de Oliveira Camacho	Individual	Veterano M35	29:59	+09:05	04:50
32	115	João Santos	CDOL - Clube Desportivo Operário de Lagoa	Veterano M35	30:09	+09:16	04:52
33	632	NELSON PINHO	Regimento de Guarnição N°2	Veterano M35	30:12	+09:19	04:52
34	175	Marco Viana	Fun&Runners Club	Veterano M35	30:48	+09:55	04:58
35	355	Rodrigo Leite	Individual	Veterano M35	31:18	+10:25	05:03
36	701	André Homem de Melo	Fun&Runners Club	Veterano M35	31:27	+10:33	05:04
37	729	Ronaldo rodrigues	Individual	Veterano M35	31:39	+10:46	05:06
38	336	ANDRÉ DOS REIS COSTA SOUSA	Individual	Veterano M35	31:45	+10:51	05:07
39	792	Miguel Ribeiro	Milhafres	Veterano M35	32:03	+11:10	05:10

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**Prova Principal**

**6,2 KM**

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**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	668	Gonçalo Cordeiro Pires	Velha Guarda Trail Team	Veterano M35	32:05	+11:12	05:11
41	631	MARCO ABREU	Regimento de Guarnição Nº2	Veterano M35	32:22	+11:28	05:13
42	352	Octávio Moreira	Individual	Veterano M35	32:45	+11:51	05:17
43	340	Hélio Freitas	Individual	Veterano M35	33:06	+12:12	05:20
44	177	Rodrigo Marques	Fun&Runners Club	Veterano M35	33:21	+12:27	05:23
45	732	Tiago sousa Amaral	Individual	Veterano M35	33:31	+12:37	05:24
46	353	Paulo Medeiros	Individual	Veterano M35	33:37	+12:44	05:25
47	633	NUNO OURO	Regimento de Guarnição Nº2	Veterano M35	33:37	+12:44	05:25
48	702	Fábio Cardoso	Fun&Runners Club	Veterano M35	34:06	+13:12	05:30
49	337	ANDRE MONIZ	Individual	Veterano M35	35:03	+14:09	05:39
50	344	João Ferreira	Individual	Veterano M35	35:39	+14:45	05:45
51	731	André Pereira	Individual	Veterano M35	36:08	+15:15	05:50
52	350	Nelson António Rodrigues de Campos	Individual	Veterano M35	36:10	+15:17	05:50
53	522	Bruno Carvalho	Kickboxing Clube de São Miguel	Veterano M35	36:44	+15:51	05:56
54	342	Hernâni Alegre	Individual	Veterano M35	37:17	+16:24	06:01
55	341	Henrique Ferreira	Individual	Veterano M35	39:03	+18:10	06:18
56	349	Luis Miguel Silva Furnas	Individual	Veterano M35	39:18	+18:25	06:20
57	198	Vitor Costa	HL Runners Club	Veterano M35	39:25	+18:31	06:21
58	338	Bruno Miguel de Almeida Furtado	Individual	Veterano M35	41:30	+20:37	06:42
59	96	Joel Filipe da Silva Duarte	Azorean Lactic Acid Droppers	Veterano M35	46:11	+25:18	07:27
60	348	Luis Carlos Moedas Ferreira	Individual	Veterano M35	47:49	+26:55	07:43

**Veterano M40**

1	646	Carlos Manuel da Silva Tiago	Run Tejo – Prevent Sprain	Veterano M40	18:40		03:01
2	728	Márcio Azevedo	CDOL - Clube Desportivo Operário de Lagoa	Veterano M40	19:02	+00:22	03:04
3	184	João Paulo da Silva Pereira	Grupo Recreativo Eirense	Veterano M40	19:04	+00:23	03:04
4	200	Paulo Miranda	HL Runners Club	Veterano M40	21:52	+03:12	03:32
5	569	João Raposo	Morcegos Trail Club	Veterano M40	22:04	+03:24	03:34
6	117	Jairson Piedade	CDOL - Clube Desportivo Operário de Lagoa	Veterano M40	23:07	+04:26	03:44
7	199	Marco Oliveira	HL Runners Club	Veterano M40	23:14	+04:33	03:45
8	711	Nuno Botelho	NSCPISM	Veterano M40	23:32	+04:51	03:48
9	674	Tiago Rodrigues	Individual	Veterano M40	23:57	+05:16	03:52
10	761	Marco Pacheco	CDOL - Clube Desportivo Operário de Lagoa	Veterano M40	24:25	+05:45	03:56
11	391	Tiago Ferreira	Individual	Veterano M40	24:26	+05:45	03:56
12	389	Sandro Filipe	NSCPISM	Veterano M40	24:56	+06:15	04:01
13	178	Pedro Sousa	Fun&Runners Club	Veterano M40	25:07	+06:27	04:03
14	383	Nuno Cordeiro	Individual	Veterano M40	25:18	+06:38	04:05
15	364	Adroaldo Couto	Individual	Veterano M40	25:20	+06:39	04:05
16	376	Hélder Fortuna	Individual	Veterano M40	25:30	+06:50	04:07
17	740	Pedro Soares Monteiro	CDOL - Clube Desportivo Operário de Lagoa	Veterano M40	25:38	+06:57	04:08
18	496	Daniel Vicente	JIV	Veterano M40	25:57	+07:17	04:11
19	377	Hugo Farinha	Individual	Veterano M40	26:18	+07:38	04:15

## Prova Principal

**6,2 KM**

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## OFFICIAL RESULT

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20	132	Elson Resendes	Clube Desportivo de Vila Franca	Veterano M40	26:45	+08:04	04:19
21	370	Carlos Filipe da Ponte de Sousa	JIV	Veterano M40	26:55	+08:14	04:20
22	373	Diogo Machado	Individual	Veterano M40	27:42	+09:02	04:28
23	70	Bruno Miguel da Silva Pacheco	ACTIVE CLUBE	Veterano M40	27:49	+09:08	04:29
24	783	José Sousa	JIV	Veterano M40	28:47	+10:07	04:39
25	599	Henrique Aguiar Sá	Os Flechas	Veterano M40	29:04	+10:24	04:41
26	764	Miguel Araújo	Individual	Veterano M40	29:04	+10:24	04:41
27	379	Luis Borges	Individual	Veterano M40	29:13	+10:33	04:43
28	669	Nuno Alves	Velha Guarda Trail Team	Veterano M40	29:23	+10:42	04:44
29	381	Marco Tavares	Individual	Veterano M40	29:46	+11:06	04:48
30	387	Pedro Emanuel dos Santos Cunha	Individual	Veterano M40	29:47	+11:07	04:48
31	140	Bernardo Ramos	CrossFit PDL	Veterano M40	30:23	+11:42	04:54
32	133	João Correia	Clube Desportivo de Vila Franca	Veterano M40	30:32	+11:52	04:56
33	600	João Paulo Carreiro	Os Flechas	Veterano M40	30:46	+12:06	04:58
34	382	Miguel Silva	Individual	Veterano M40	30:53	+12:12	04:59
35	538	João Carlos Soares Henriques	LetsRunAzores	Veterano M40	31:07	+12:27	05:01
36	380	Luis Carlos Martins de Oliveira Luis Oliveira	Individual	Veterano M40	31:35	+12:54	05:06
37	384	Nuno Gouveia	Regimento Guarnição Nº2	Veterano M40	31:42	+13:01	05:07
38	375	Frederico Cabral	Individual	Veterano M40	32:06	+13:26	05:11
39	149	André Sousa	Farmácia Garcia	Veterano M40	32:38	+13:57	05:16
40	369	Bruno Silva	Individual	Veterano M40	32:58	+14:18	05:19
41	374	Filipe Câmara Tavares Carreiro	Individual	Veterano M40	33:15	+14:35	05:22
42	366	André Medeiros	Individual	Veterano M40	33:24	+14:44	05:23
43	386	Nuno Resendes	Individual	Veterano M40	33:55	+15:14	05:28
44	2320	Mário Terra	Individual	Veterano M40	33:59	+15:19	05:29
45	498	João Santos	JIV	Veterano M40	34:50	+16:10	05:37
46	523	Erasmo Moniz	Kickboxing Clube de São Miguel	Veterano M40	35:00	+16:20	05:39
47	635	CARLOS BASILIO	Regimento de Guarnição Nº2	Veterano M40	35:05	+16:24	05:40
48	365	Alexandre Costa Matos	Individual	Veterano M40	36:24	+17:44	05:52
49	390	Tiago Cardoso	Individual	Veterano M40	36:50	+18:09	05:56
50	378	Hugo Pereira	Individual	Veterano M40	37:13	+18:32	06:00
51	388	Rafael Avila de Espindola	Individual	Veterano M40	37:17	+18:36	06:01
52	363	Adélio Câmara	Individual	Veterano M40	38:09	+19:29	06:09
53	372	Dércio Brasil	Individual	Veterano M40	38:09	+19:29	06:09
54	385	Nuno Pavão Nunes	Individual	Veterano M40	38:11	+19:30	06:09
55	97	Helder José Carvalho Cidade	Azorean Lactic Acid Droppers	Veterano M40	39:09	+20:29	06:19
56	98	Luís Filipe Gomes Gonçalves	Azorean Lactic Acid Droppers	Veterano M40	39:09	+20:29	06:19
57	611	Miguel Gonçalves	Os Migs	Veterano M40	41:13	+22:32	06:39

## Veterano M45

1	573	Mário Leitão	Morcegos Trail Club	Veterano M45	20:23		03:17
2	617	Nuno Santos	RD AGUEDA	Veterano M45	22:13	+01:50	03:35
3	411	Pedro Faria	MTC	Veterano M45	22:37	+02:14	03:39
4	574	Pedro Miguel Pais Fernandes	Morcegos Trail Club	Veterano M45	22:44	+02:21	03:40

**Prova Principal**

**6,2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	503	Paulo Azevedo	JIV	Veterano M45	22:47	+02:24	03:40
6	765	Paulo Rodrigues Bettencourt Raposo	MTC	Veterano M45	23:06	+02:43	03:44
7	85	Filipe Lopes	ADSP	Veterano M45	24:19	+03:55	03:55
8	75	Mário Botelho	ACTIVE CLUBE	Veterano M45	24:34	+04:11	03:58
9	572	joão carlos nunes batista	Morcegos Trail Club	Veterano M45	24:41	+04:18	03:59
10	570	David Lopes	Morcegos Trail Club	Veterano M45	24:57	+04:34	04:01
11	541	Pedro Costa	LetsRunAzores	Veterano M45	25:21	+04:58	04:05
12	747	Nuno Medeiros	Individual	Veterano M45	25:36	+05:13	04:08
13	78	Rui Medeiros	ACTIVE CLUBE	Veterano M45	25:38	+05:15	04:08
14	396	Joaquim Manuel Martins de Freitas	Individual	Veterano M45	25:42	+05:19	04:09
15	571	Francisco Paulo Reis Correia	Morcegos Trail Club	Veterano M45	26:12	+05:49	04:13
16	782	Rui Filipe Almeida	HL Runners Club	Veterano M45	26:32	+06:09	04:17
17	76	Nuno Cidade	ACTIVE CLUBE	Veterano M45	26:46	+06:23	04:19
18	110	Ricardo Faria	Casa do Povo de São Pedro	Veterano M45	27:09	+06:46	04:23
19	2327	Francisco Faria	LetsRunAzores	Veterano M45	27:16	+06:53	04:24
20	2328	Hamilton Magalhães da Cruz	Morcegos Trail Club	Veterano M45	27:19	+06:56	04:24
21	105	Paulo André Franco	CAL Clínica	Veterano M45	27:49	+07:26	04:29
22	542	Tiago Serrano	LetsRunAzores	Veterano M45	27:54	+07:31	04:30
23	676	Paulo Alexandre Feliciano Branco	MTC	Veterano M45	28:26	+08:03	04:35
24	501	Frederico Sampaio	JIV	Veterano M45	28:28	+08:05	04:36
25	794	Rúben Cordeiro	ACTIVE CLUBE	Veterano M45	28:47	+08:24	04:39
26	77	Rafael Nunes	ACTIVE CLUBE	Veterano M45	28:49	+08:26	04:39
27	636	BRUNO ESTEVES	Regimento de Guarnição Nº2	Veterano M45	28:50	+08:27	04:39
28	499	Carlos Mota	JIV	Veterano M45	28:59	+08:36	04:40
29	74	Luís Quadros	ACTIVE CLUBE	Veterano M45	29:09	+08:46	04:42
30	502	Joao Martins	JIV	Veterano M45	29:22	+08:59	04:44
31	524	Milton Torres	Kickboxing Clube de São Miguel	Veterano M45	29:32	+09:09	04:46
32	679	Ricardo Jorge Ribeiro Pina	CrossFit PDL	Veterano M45	29:39	+09:16	04:47
33	408	Patrício Varão Sousa	Individual	Veterano M45	30:38	+10:14	04:56
34	413	Vitor Manuel Sousa Martins	Individual	Veterano M45	31:26	+11:03	05:04
35	404	Nemesio Medeiros	Individual	Veterano M45	31:37	+11:14	05:06
36	407	Orlando Manuel Labrusco Félix Guerreiro	Individual	Veterano M45	31:47	+11:24	05:08
37	735	Manuel Pontes	Fun&Runners Club	Veterano M45	31:48	+11:24	05:08
38	73	Gabriel Guerreiro	ACTIVE CLUBE	Veterano M45	31:52	+11:29	05:08
39	393	João Faria	Individual	Veterano M45	32:15	+11:52	05:12
40	410	Pedro Amaral	Individual	Veterano M45	32:23	+12:00	05:13
41	400	MARCO ALVES	Individual	Veterano M45	32:46	+12:23	05:17
42	677	Francisco Nuno da Costa Cabral de Siqueira	Individual	Veterano M45	33:05	+12:42	05:20
43	756	Adolfo Baixinho	Individual	Veterano M45	34:51	+14:27	05:37
44	409	Paulo Alexandre Godinho Parreira	Individual	Veterano M45	36:39	+16:16	05:55
45	72	Filipe Alves	ACTIVE CLUBE	Veterano M45	37:41	+17:18	06:05
46	401	Marco Filipe Resendes	Individual	Veterano M45	37:43	+17:20	06:05
47	399	Luís Miguel Andrade Moniz Lopes Furtado	Individual	Veterano M45	39:03	+18:40	06:18
48	601	Rui Farias	Os Flechas	Veterano M45	40:23	+20:00	06:31

**Prova Principal****6,2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

49	779	Simão Melo	Individual	Veterano M45	40:26	+20:03	06:31
50	179	Rui Jesus	Fun&Runners Club	Veterano M45	41:40	+21:17	06:43
51	405	Nuno Filipe Lopes	Individual	Veterano M45	42:25	+22:02	06:50
52	662	Rui Carreiro	Tudo ao Molhe	Veterano M45	43:07	+22:44	06:57

**Veterano M50**

1	576	José Braga	Morcegos Trail Club	Veterano M50	22:46		03:40
2	425	Marco Terra	Individual	Veterano M50	23:34	+00:47	03:48
3	505	Aquiles Preto	JIV	Veterano M50	23:36	+00:50	03:48
4	543	Fernando Almeida	LetsRunAzores	Veterano M50	23:55	+01:09	03:51
5	99	LUÍS VIEIRA	CA VALE FIGUEIRA	Veterano M50	24:19	+01:33	03:55
6	80	Paulo Alves	ACTIVE CLUBE	Veterano M50	24:24	+01:38	03:56
7	421	José Rebuge	Individual	Veterano M50	25:10	+02:24	04:04
8	180	Gonçalo Santos	G.D.R. São Francisco da Serra	Veterano M50	25:44	+02:58	04:09
9	79	João Ferreira	ACTIVE CLUBE	Veterano M50	25:46	+02:59	04:09
10	203	Paulo Gonçalves	HL Runners Club	Veterano M50	25:52	+03:05	04:10
11	746	Durval Mota	Individual	Veterano M50	26:10	+03:23	04:13
12	2302	João Correia	Individual	Veterano M50	26:28	+03:42	04:16
13	673	Rui Álvares Cabral	Milhafres	Veterano M50	27:56	+05:10	04:30
14	428	Pedro Arruda	Individual	Veterano M50	28:02	+05:16	04:31
15	106	Paulo Mesquita	CAL Clínica	Veterano M50	28:39	+05:52	04:37
16	506	Carlos Antunes	JIV	Veterano M50	28:49	+06:03	04:39
17	672	Hugo Coutinho Lopes	Clube desportivo operário de lagoa	Veterano M50	29:05	+06:19	04:41
18	577	José Carlos de Sousa Pimentel	Morcegos Trail Club	Veterano M50	30:11	+07:25	04:52
19	2312	Bruno Cardoso	LetsRunAzores	Veterano M50	30:13	+07:27	04:52
20	575	Emanuel Furtado	Morcegos Trail Club	Veterano M50	31:11	+08:24	05:02
21	556	Luís Quental	Milhafres	Veterano M50	31:22	+08:35	05:03
22	422	Luis Fernando Miranda Guimarães	Individual	Veterano M50	31:22	+08:36	05:04
23	430	Rui Soares	Individual	Veterano M50	33:23	+10:37	05:23
24	526	Paulo Câmara	Kickboxing Clube de São Miguel	Veterano M50	33:37	+10:51	05:25
25	423	Luís Rodrigues	Individual	Veterano M50	33:53	+11:07	05:28
26	426	Nuno Gonçalves	Individual	Veterano M50	34:48	+12:02	05:37
27	424	Marco Rui matos costa	Individual	Veterano M50	35:03	+12:17	05:39
28	769	Francisco Carvalho	Individual	Veterano M50	36:12	+13:25	05:50
29	429	pedro janeiro	Individual	Veterano M50	37:06	+14:19	05:59
30	420	Jorge Homem Gouveia	Individual	Veterano M50	37:13	+14:27	06:00
31	663	Pedro Jerónimo	Tudo ao Molhe	Veterano M50	38:20	+15:34	06:11
32	637	JAIME CUNHA	Regimento de Guarnição N°2	Veterano M50	38:53	+16:07	06:16
33	416	Duarte Metello de Nápoles	Individual	Veterano M50	42:39	+19:52	06:53

**Veterano M55**

1	2015	Domingos Barros	CAM	Veterano M55	20:50		03:22
2	579	Rogério Brandão	Morcegos Trail Club	Veterano M55	22:59	+02:08	03:42





PROVA PRINCIPAL - STAGE 1

6,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	19,4°C	88%
End	20:53	18,4°C	94%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	148	Ricardo Jorge Henriques Pereira	EV/PERALTAFIL	17:41		02:51	
2	1	Nuno Fernandes	são salvador do campo	17:44	+00:03	02:52	
3	615	João Almeida	RD AGUEDA	17:47	+00:06	02:52	
4	482	Lourenço Rodrigues	JIV	17:58	+00:17	02:54	
5	515	Gonçalo Varela	Juventude Vidigalense	18:11	+00:30	02:56	
6	656	João Pereira	SCP	18:11	+00:30	02:56	
7	658	Lourenço Ferreira	SCP	18:13	+00:32	02:56	
8	638	Evandro Sengo Pires	Run Tejo – Prevent Sprain	18:19	+00:38	02:57	
9	651	Rodrigo Martins	SCP	18:24	+00:43	02:58	
10	551	Samuel Rios	Maia AC	18:32	+00:51	02:59	
11	657	Leandro Monteiro	SCP	18:38	+00:57	03:00	
12	646	Carlos Manuel da Silva Tiago	Run Tejo – Prevent Sprain	18:40	+00:59	03:01	
13	550	Pedro Meireles	Maia AC	18:45	+01:04	03:01	
14	514	André Silva	Juventude Vidigalense	18:53	+01:12	03:03	
15	548	Bruno Silva	Maia AC	18:54	+01:13	03:03	
16	183	Fábio André Abrantes	Grupo Recreativo Eirense	19:01	+01:20	03:04	
17	642	Filipe Palma Rebelo	Run Tejo – Prevent Sprain	19:01	+01:20	03:04	
18	655	Alex Macuácuca	SCP	19:02	+01:21	03:04	
19	728	Márcio Azevedo	CDOL - Clube Desportivo Operário de Lagoa	19:02	+01:21	03:04	
20	184	João Paulo da Silva Pereira	Grupo Recreativo Eirense	19:04	+01:23	03:04	
21	182	André Antunes	Grupo Recreativo Eirense	19:08	+01:27	03:05	
22	549	Miguel Ribeiro	Maia AC	19:12	+01:31	03:06	
23	510	Leonardo Jacinto	Juventude Vidigalense	19:29	+01:48	03:08	
24	512	Tiago Jorge	Juventude Vidigalense	19:29	+01:48	03:09	
25	511	Pedro Rodrigues	Juventude Vidigalense	19:30	+01:49	03:09	
26	181	Márcio Ramos Dias	Grupo Recreativo Eirense	19:45	+02:04	03:11	
27	481	Joel Moreira	JIV	20:09	+02:28	03:15	
28	573	Mário Leitão	Morcegos Trail Club	20:23	+02:42	03:17	
29	475	Fábio Rodrigues	JIV	20:40	+02:59	03:20	
30	793	Henrique Baptista Nicolau	CDOL - Clube Desportivo Operário de Lagoa	20:49	+03:08	03:21	
31	2015	Domingos Barros	CAM	20:50	+03:09	03:22	
32	568	Nuno Miguel Alves Oliveira	Morcegos Trail Club	20:53	+03:12	03:22	
33	122	Eugénio Medeiros	Clube Desportivo de Vila Franca	20:53	+03:12	03:22	
34	614	Sara Carvalho	RD AGUEDA	21:02	+03:21	03:24	
35	652	Marta Castro	SCP	21:06	+03:25	03:24	
36	640	Kcénia Bougrova	Run Tejo – Prevent Sprain	21:11	+03:30	03:25	
37	616	Ricardo Andrade	RD AGUEDA	21:23	+03:42	03:27	
38	649	Beatriz Azevedo	SCP	21:25	+03:44	03:27	
39	109	Bruno Henrique Figueiredo Nunes	Casa do Povo de São Pedro	21:49	+04:08	03:31	
40	200	Paulo Miranda	HL Runners Club	21:52	+04:11	03:32	
41	197	Michael Melo Gonçalves	HL Runners Club	21:58	+04:17	03:33	
42	639	Ana Filipa Fontinha Rebelo	Run Tejo – Prevent Sprain	21:59	+04:18	03:33	

## PROVA PRINCIPAL - STAGE 1

6,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	650	Clara Barbosa	SCP	22:00	+04:19	03:33	
44	142	Ana Silva	Escola de Atletismo da Trofa	22:02	+04:21	03:33	
45	119	João Paulo de Paiva Amaral	CDOL - Clube Desportivo Operário de Lagoa	22:04	+04:23	03:34	
46	569	João Raposo	Morcegos Trail Club	22:04	+04:23	03:34	
47	641	António Boné	Run Tejo – Prevent Sprain	22:10	+04:29	03:35	
48	617	Nuno Santos	RD AGUEDA	22:13	+04:32	03:35	
49	544	Beatriz Pereira	Maia AC	22:27	+04:46	03:37	
50	2	Cátia Pereira	Juventude Vidigalense	22:32	+04:51	03:38	
51	644	Ana Rita Pina da Rosa	Run Tejo – Prevent Sprain	22:34	+04:53	03:38	
52	411	Pedro Faria	MTC	22:37	+04:56	03:39	
53	513	Daria Melnyk	Juventude Vidigalense	22:43	+05:02	03:40	
54	795	Rafael Baptista	JIV	22:44	+05:03	03:40	
55	574	Pedro Miguel Pais Fernandes	Morcegos Trail Club	22:44	+05:03	03:40	
56	566	Gonçalo José Botelho Vasconcelos Raposo	Morcegos Trail Club	22:45	+05:04	03:40	
57	92	MARCO HENRIQUES	Atlético Clube da Fajã Grande	22:45	+05:04	03:40	
58	576	José Braga	Morcegos Trail Club	22:46	+05:05	03:40	
59	503	Paulo Azevedo	JIV	22:47	+05:06	03:40	
60	358	Rui Manuel Lopes de Oliveira	Individual	22:49	+05:08	03:41	
61	509	César Carvalho	JIV	22:54	+05:13	03:42	
62	143	Daniela Gregório	Escola de Atletismo da Trofa	22:57	+05:16	03:42	
63	579	Rogério Brandão	Morcegos Trail Club	22:59	+05:18	03:42	
64	113	Bruno Rocha	CDOL - Clube Desportivo Operário de Lagoa	23:03	+05:22	03:43	
65	484	Miguel Mendes	JIV	23:03	+05:22	03:43	
66	765	Paulo Rodrigues Bettencourt Raposo	MTC	23:06	+05:25	03:44	
67	117	Jairson Piedade	CDOL - Clube Desportivo Operário de Lagoa	23:07	+05:26	03:44	
68	465	Afonso Cordeiro	JIV	23:07	+05:26	03:44	
69	546	Mara Resende	Maia AC	23:09	+05:28	03:44	
70	130	André Filipe Gago da Câmara Arruda	Clube Desportivo de Vila Franca	23:09	+05:28	03:44	
71	654	Sofia Silva	SCP	23:09	+05:28	03:44	
72	199	Marco Oliveira	HL Runners Club	23:14	+05:33	03:45	
73	597	Jorge Santos	Olimpico Clube de Lagos	23:14	+05:33	03:45	
74	90	SIMÃO VIEIRA	ATLÉTICO CLUBE DA FAJÃ GRANDE	23:15	+05:34	03:45	
75	470	Simão Melo	JIV	23:15	+05:34	03:45	
76	491	ANDREA MANUELA MELO SILVA	JIV	23:23	+05:42	03:46	
77	471	Joana Durão	JIV	23:28	+05:47	03:47	
78	495	Pedro Mota	JIV	23:29	+05:48	03:47	
79	2310	Tiago Furna	Individual	23:30	+05:49	03:47	
80	711	Nuno Botelho	NSCPISM	23:32	+05:51	03:48	
81	425	Marco Terra	Individual	23:34	+05:53	03:48	
82	505	Aquiles Preto	JIV	23:36	+05:55	03:48	
83	2305	Rúben Martins	Fontinhas Ativa - Promotora	23:42	+06:01	03:49	
84	645	Natacha Lucas da Rocha e Cunha	Run Tejo – Prevent Sprain	23:49	+06:08	03:50	
85	543	Fernando Almeida	LetsRunAzores	23:55	+06:14	03:51	
86	674	Tiago Rodrigues	Individual	23:57	+06:16	03:52	





**PROVA PRINCIPAL - STAGE 1****6,2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	537	João Caetano	LetsRunAzores	25:35	+07:54	04:08	
134	747	Nuno Medeiros	Individual	25:36	+07:55	04:08	
135	740	Pedro Soares Monteiro	CDOL - Clube Desportivo Operário de Lagoa	25:38	+07:57	04:08	
136	78	Rui Medeiros	ACTIVE CLUBE	25:38	+07:58	04:08	
137	396	Joaquim Manuel Martins de Freitas	Individual	25:42	+08:01	04:09	
138	180	Gonçalo Santos	G.D.R. São Francisco da Serra	25:44	+08:03	04:09	
139	628	PEDRO VASCONCELOS	Regimento de Guarnição N°2	25:45	+08:04	04:09	
140	79	João Ferreira	ACTIVE CLUBE	25:46	+08:05	04:09	
141	196	Mónica Cardoso	HL Runners Club	25:46	+08:05	04:09	
142	203	Paulo Gonçalves	HL Runners Club	25:52	+08:11	04:10	
143	469	Martim Mendes	JIV	25:56	+08:15	04:11	
144	496	Daniel Vicente	JIV	25:57	+08:16	04:11	
145	749	Jose Tavares	ACTIVE CLUBE	26:00	+08:19	04:12	
146	93	Maria João Silva	Atlético Desportivo de São Pedro	26:00	+08:19	04:12	
147	146	Deolinda Oliveira	Escola de Atletismo da Trofa	26:03	+08:22	04:12	
148	619	CARLOS SILVA	Regimento de Guarnição N°2	26:06	+08:25	04:13	
149	53	Pedro Moniz	ACTIVE CLUBE	26:09	+08:28	04:13	
150	746	Durval Mota	Individual	26:10	+08:29	04:13	
151	571	Francisco Paulo Reis Correia	Morcegos Trail Club	26:12	+08:31	04:13	
152	192	Diana Vultão	HL Runners Club	26:14	+08:33	04:14	
153	377	Hugo Farinha	Individual	26:18	+08:37	04:15	
154	275	José Melo	Individual	26:19	+08:38	04:15	
155	268	Filipe Pinheiro	Individual	26:22	+08:41	04:15	
156	623	JOÃO FERREIRA	Regimento de Guarnição N°2	26:25	+08:44	04:16	
157	107	Pedro Pacheco Amaral	CAOV	26:27	+08:46	04:16	
158	2302	João Correia	Individual	26:28	+08:47	04:16	
159	782	Rui Filipe Almeida	HL Runners Club	26:32	+08:51	04:17	
160	763	Fábio Agostinho	Individual	26:32	+08:51	04:17	
161	486	Tiago Gomes	JIV	26:33	+08:52	04:17	
162	277	Rafael Ferreira	Individual	26:34	+08:53	04:17	
163	559	Pedro Afonso	Milhafres	26:38	+08:57	04:18	
164	560	Ida Rust	Morcegos Trail Club	26:39	+08:58	04:18	
165	132	Elson Resendes	Clube Desportivo de Vila Franca	26:45	+09:04	04:19	
166	76	Nuno Cidade	ACTIVE CLUBE	26:46	+09:05	04:19	
167	126	Rodrigo Botelho Costa	Clube Desportivo de Vila Franca	26:46	+09:05	04:19	
168	240	Josué da Silva Salvador	Individual	26:49	+09:08	04:20	
169	744	Luciano Carvalho	Individual	26:49	+09:08	04:20	
170	370	Carlos Filipe da Ponte de Sousa	JIV	26:55	+09:14	04:20	
171	681	Pedro Pacheco Pina	CrossFit PDL	26:59	+09:18	04:21	
172	621	FRANCISCO GRÁCIO	Regimento de Guarnição N°2	27:01	+09:20	04:21	
173	467	André Duarte	JIV	27:06	+09:25	04:22	
174	110	Ricardo Faria	Casa do Povo de São Pedro	27:09	+09:28	04:23	
175	442	Rui Manuel Teives da Costa	Individual	27:12	+09:31	04:23	
176	464	Natacha Candé	JIV	27:12	+09:31	04:23	
177	2327	Francisco Faria	LetsRunAzores	27:16	+09:35	04:24	
178	2328	Hamilton Magalhães da Cruz	Morcegos Trail Club	27:19	+09:38	04:24	

PROVA PRINCIPAL - STAGE 1

6,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	281	Rui Resendes	Individual	27:22	+09:41	04:25	
180	634	PAULO SOARES	Regimento de Guarnição Nº2	27:22	+09:41	04:25	
181	517	Francisco Torres	Kickboxing Clube de São Miguel	27:24	+09:43	04:25	
182	620	FLÁVIO PINTO	Regimento de Guarnição Nº2	27:24	+09:43	04:25	
183	2314	Rita Campos Cardoso	JIV	27:25	+09:44	04:25	
184	138	Jose Figueiredo	CrossFit PDL	27:34	+09:53	04:27	
185	627	NUNO FERREIRA	Regimento de Guarnição Nº2	27:38	+09:57	04:27	
186	2321	Fabiano Sousa	LetsRunAzores	27:41	+10:00	04:28	
187	373	Diogo Machado	Individual	27:42	+10:01	04:28	
188	565	André Filipe Cordeiro Silvestre	Morcegos Trail Club	27:44	+10:03	04:28	
189	141	Lara Araújo	Escola de Atletismo da Trofa	27:47	+10:06	04:29	
190	70	Bruno Miguel da Silva Pacheco	ACTIVE CLUBE	27:49	+10:08	04:29	
191	105	Paulo André Franco	CAL Clínica	27:49	+10:08	04:29	
192	359	Tiago Pereira	Individual	27:50	+10:09	04:29	
193	2306	André Ferreira	Fontinhas Ativa - Promotora	27:51	+10:10	04:30	
194	100	José António Rodrigues Neto	CA VALE FIGUEIRA	27:54	+10:13	04:30	
195	542	Tiago Serrano	LetsRunAzores	27:54	+10:13	04:30	
196	718	Helio filipe Gonçalves Teixeira	Individual	27:56	+10:15	04:30	
197	673	Rui Álvares Cabral	Milhafres	27:56	+10:15	04:30	
198	743	Pedro Rego	Kickboxing Clube de São Miguel	28:01	+10:20	04:31	
199	428	Pedro Arruda	Individual	28:02	+10:21	04:31	
200	532	Elsa Morais	LetsRunAzores	28:04	+10:23	04:32	
201	473	Nicole Healion	JIV	28:05	+10:24	04:32	
202	518	Tomás de Azevedo Pacheco Rodrigues	Kickboxing Clube de São Miguel	28:13	+10:32	04:33	
203	676	Paulo Alexandre Feliciano Branco	MTC	28:26	+10:45	04:35	
204	121	Délia Soares	JIV	28:28	+10:47	04:35	
205	501	Frederico Sampaio	JIV	28:28	+10:47	04:36	
206	437	Jorge Coelho	Individual	28:30	+10:49	04:36	
207	241	Rodrigo Silva Cabral	Individual	28:35	+10:54	04:37	
208	106	Paulo Mesquita	CAL Clínica	28:39	+10:58	04:37	
209	283	Sérgio Costa	Individual	28:39	+10:58	04:37	
210	707	Ana Sereno	JIV	28:40	+10:59	04:37	
211	708	João Narciso Gonçalves	JIV	28:40	+10:59	04:37	
212	266	Diogo Pimentel	Individual	28:42	+11:01	04:38	
213	653	Sara Catarina Ribeiro	SCP	28:44	+11:03	04:38	
214	659	Francisco Ribeiro	SCP	28:44	+11:03	04:38	
215	783	José Sousa	JIV	28:47	+11:06	04:39	
216	794	Rúben Cordeiro	ACTIVE CLUBE	28:47	+11:06	04:39	
217	555	Isa Guerreiro	Milhafres	28:49	+11:08	04:39	
218	77	Rafael Nunes	ACTIVE CLUBE	28:49	+11:08	04:39	
219	506	Carlos Antunes	JIV	28:49	+11:08	04:39	
220	636	BRUNO ESTEVES	Regimento de Guarnição Nº2	28:50	+11:09	04:39	
221	499	Carlos Mota	JIV	28:59	+11:18	04:40	
222	166	Vítor Sousa	Fun&Runners Club	29:02	+11:21	04:41	
223	599	Henrique Aguiar Sá	Os Flechas	29:04	+11:23	04:41	

## PROVA PRINCIPAL - STAGE 1

6,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	764	Miguel Araújo	Individual	29:04	+11:23	04:41	
225	672	Hugo Coutinho Lopes	Clube desportivo operário de lagoa	29:05	+11:24	04:41	
226	131	Miguel Botelho Quental	Clube Desportivo de Vila Franca	29:07	+11:26	04:42	
227	163	Manuel António Pacheco Faria	Fun&Runners Club	29:09	+11:28	04:42	
228	74	Luís Quadros	ACTIVE CLUBE	29:09	+11:28	04:42	
229	772	António Franco	Velha Guarda Trail Team	29:12	+11:31	04:43	
230	173	Carlos Alexandre Medeiros Câmara	Fun&Runners Club	29:12	+11:31	04:43	
231	362	Vítor Magina	Individual	29:12	+11:31	04:43	
232	262	António Silva	Individual	29:13	+11:32	04:43	
233	379	Luis Borges	Individual	29:13	+11:32	04:43	
234	758	Manuel Almeida	Individual	29:14	+11:33	04:43	
235	86	Jaime Ferreira	ADSP	29:14	+11:33	04:43	
236	68	Henrique Roma Figueiredo	ACTIVE CLUBE	29:16	+11:35	04:43	
237	487	Ângela Simas	JIV	29:20	+11:39	04:44	
238	502	Joao Martins	JIV	29:22	+11:41	04:44	
239	669	Nuno Alves	Velha Guarda Trail Team	29:23	+11:42	04:44	
240	717	Daniel Cabral	Individual	29:24	+11:43	04:44	
241	494	Sandra Sousa Gomes	JIV	29:25	+11:44	04:45	
242	524	Milton Torres	Kickboxing Clube de São Miguel	29:32	+11:51	04:46	
243	134	Carlos Mesquita	Clube Desportivo de Vila Franca	29:33	+11:52	04:46	
244	52	Maria da Conceição da Costa Barbosa Freitas	ACTIVE CLUBE	29:38	+11:57	04:47	
245	679	Ricardo Jorge Ribeiro Pina	CrossFit PDL	29:39	+11:58	04:47	
246	114	Sofia Azevedo Reis	CDOL - Clube Desportivo Operário de Lagoa	29:39	+11:58	04:47	
247	343	Hugo Filipe Soares de Medeiros	Individual	29:40	+11:59	04:47	
248	278	Rafael Julio	Individual	29:45	+12:04	04:48	
249	249	Claire Herzog	Individual	29:46	+12:05	04:48	
250	381	Marco Tavares	Individual	29:46	+12:05	04:48	
251	387	Pedro Emanuel dos Santos Cunha	Individual	29:47	+12:06	04:48	
252	124	Paula Cristina Martins Sousa	Clube Desportivo de Vila Franca	29:55	+12:14	04:50	
253	791	Fernando Calado de Oliveira Camacho	Individual	29:59	+12:18	04:50	
254	168	Filipa Ferreira	Fun&Runners Club	30:00	+12:19	04:50	
255	118	Fernando Soares	CDOL - Clube Desportivo Operário de Lagoa	30:01	+12:20	04:50	
256	152	Filipe Jesus	Fun&Runners Club	30:08	+12:27	04:52	
257	716	Afonso Serrano	JIV	30:09	+12:28	04:52	
258	443	Álvaro Sebastião	Individual	30:09	+12:28	04:52	
259	115	João Santos	CDOL - Clube Desportivo Operário de Lagoa	30:09	+12:28	04:52	
260	563	Sara Palrinhas	Morcegos Trail Club	30:11	+12:30	04:52	
261	58	Margarida Cabral	ACTIVE CLUBE	30:11	+12:30	04:52	
262	577	José Carlos de Sousa Pimentel	Morcegos Trail Club	30:11	+12:30	04:52	
263	632	NELSON PINHO	Regimento de Guarnição N°2	30:12	+12:31	04:52	
264	2312	Bruno Cardoso	LetsRunAzores	30:13	+12:32	04:52	
265	65	Patrícia Mestre Santos	ACTIVE CLUBE	30:14	+12:33	04:53	
266	63	Anita Carrola	ACTIVE CLUBE	30:18	+12:37	04:53	
267	2311	Andre Jorge Moniz Garcia	Individual	30:21	+12:40	04:54	
268	140	Bernardo Ramos	CrossFit PDL	30:23	+12:42	04:54	

**PROVA PRINCIPAL - STAGE 1****6,2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
269	790	Luis Machado	CrossFit PDL	30:26	+12:45	04:54	
270	578	Manuel Madruga	Morcegos Trail Club	30:26	+12:45	04:55	
271	103	Raquel Brum Cordeiro	CAL Clínica	30:29	+12:48	04:55	
272	133	João Correia	Clube Desportivo de Vila Franca	30:32	+12:51	04:56	
273	408	Patrício Varão Sousa	Individual	30:38	+12:57	04:56	
274	189	Carlos Toipa	HL Runners Club	30:38	+12:57	04:56	
275	104	Sara Raposo	CAL Clínica	30:39	+12:58	04:57	
276	784	Emanuel João Rebelo Melo	Individual	30:40	+12:59	04:57	
277	2318	Rodrigo Amaral	Individual	30:44	+13:03	04:57	
278	600	João Paulo Carreiro	Os Flechas	30:46	+13:05	04:58	
279	175	Marco Viana	Fun&Runners Club	30:48	+13:07	04:58	
280	193	Tânia Arruda Gonçalves	HL Runners Club	30:52	+13:11	04:59	
281	382	Miguel Silva	Individual	30:53	+13:12	04:59	
282	286	Tiago Miranda Soares da Costa Dias	Individual	30:53	+13:12	04:59	
283	161	André Alves	Fun&Runners Club	31:05	+13:24	05:01	
284	538	João Carlos Soares Henriques	LetsRunAzores	31:07	+13:26	05:01	
285	575	Emanuel Furtado	Morcegos Trail Club	31:11	+13:30	05:02	
286	55	Ana Batista	ACTIVE CLUBE	31:13	+13:32	05:02	
287	547	Mariana Regalo	Maia AC	31:14	+13:33	05:02	
288	355	Rodrigo Leite	Individual	31:18	+13:37	05:03	
289	282	Sergio Carvalho	Individual	31:20	+13:39	05:03	
290	556	Luís Quental	Milhafres	31:22	+13:41	05:03	
291	422	Luis Fernando Miranda Guimarães	Individual	31:22	+13:41	05:04	
292	413	Vitor Manuel Sousa Martins	Individual	31:26	+13:45	05:04	
293	701	André Homem de Melo	Fun&Runners Club	31:27	+13:46	05:04	
294	271	Isaac Furtado Correia	Individual	31:27	+13:46	05:04	
295	493	Sandra Azevedo	JIV	31:28	+13:47	05:05	
296	128	Sandra Santos	Clube Desportivo de Vila Franca	31:33	+13:52	05:05	
297	380	Luis Carlos Martins de Oliveira Luis Oliveira	Individual	31:35	+13:54	05:06	
298	404	Nemesio Medeiros	Individual	31:37	+13:56	05:06	
299	729	Ronaldo rodrigues	Individual	31:39	+13:58	05:06	
300	709	Beatriz Vieira	Morcegos Trail Club	31:40	+13:59	05:06	
301	384	Nuno Gouveia	Regimento Guarnição N°2	31:42	+14:01	05:07	
302	289	Ana Brito	Individual	31:43	+14:02	05:07	
303	336	ANDRÉ DOS REIS COSTA SOUSA	Individual	31:45	+14:04	05:07	
304	407	Orlando Manuel Labrusco Félix Guerreiro	Individual	31:47	+14:06	05:08	
305	735	Manuel Pontes	Fun&Runners Club	31:48	+14:07	05:08	
306	710	RUI MANUEL SILVA MARQUES	MORCEGOS TRAIL CLUBE	31:52	+14:11	05:08	
307	73	Gabriel Guerreiro	ACTIVE CLUBE	31:52	+14:11	05:08	
308	529	Marlene Arruda	LetsRunAzores	31:54	+14:13	05:09	
309	135	Sara Barbosa	CrossFit PDL	31:58	+14:17	05:09	
310	564	Sónia Raquel Tavares Pereira da Silva Correia	Morcegos Trail Club	32:01	+14:20	05:10	
311	792	Miguel Ribeiro	Milhafres	32:03	+14:22	05:10	

PROVA PRINCIPAL - STAGE 1

6,2 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
312	155	Carolina Vidal	Fun&Runners Club	32:05	+14:24	05:10	
313	668	Gonçalo Cordeiro Pires	Velha Guarda Trail Team	32:05	+14:24	05:11	
314	375	Frederico Cabral	Individual	32:06	+14:25	05:11	
315	527	Maria Salgado	LetsRunAzores	32:08	+14:27	05:11	
316	530	Cláudia Chalin	LetsRunAzores	32:12	+14:31	05:12	
317	447	Moises Moniz Ferreira	Individual	32:13	+14:32	05:12	
318	393	João Faria	Individual	32:15	+14:34	05:12	
319	631	MARCO ABREU	Regimento de Guarnição N°2	32:22	+14:41	05:13	
320	410	Pedro Amaral	Individual	32:23	+14:42	05:13	
321	258	Mariana Lopes Ávila de Sousa Pacheco	Individual	32:36	+14:55	05:16	
322	149	André Sousa	Farmácia Garcia	32:38	+14:57	05:16	
323	307	Raquel Batista	Individual	32:38	+14:57	05:16	
324	757	Regina Rosário Sousa Arruda Pimentel	Morcegos Trail Club	32:43	+15:02	05:17	
325	352	Octávio Moreira	Individual	32:45	+15:04	05:17	
326	400	MARCO ALVES	Individual	32:46	+15:05	05:17	
327	62	Ana Sousa	ACTIVE CLUBE	32:47	+15:06	05:17	
328	786	José Benjamim Noreira Rodrigues	LetsRunAzores	32:50	+15:09	05:18	
329	369	Bruno Silva	Individual	32:58	+15:17	05:19	
330	677	Francisco Nuno da Costa Cabral de Siqueira	Individual	33:05	+15:24	05:20	
331	340	Hélio Freitas	Individual	33:06	+15:25	05:20	
332	2325	Gonçalo Salgueiro	Clube Juventude Ilha Verde	33:08	+15:27	05:21	
333	434	Emanuel Freitas	Individual	33:10	+15:29	05:21	
334	374	Filipe Câmara Tavares Carreiro	Individual	33:15	+15:34	05:22	
335	254	Luciana Sousa	Velha Guarda Trail Team	33:20	+15:39	05:23	
336	177	Rodrigo Marques	Fun&Runners Club	33:21	+15:40	05:23	
337	257	Mariana de Lima Machado	Individual	33:22	+15:41	05:23	
338	430	Rui Soares	Individual	33:23	+15:42	05:23	
339	366	André Medeiros	Individual	33:24	+15:43	05:23	
340	252	Isabel Pinto Oliveira	Individual	33:30	+15:49	05:24	
341	732	Tiago Sousa Amaral	Individual	33:31	+15:50	05:24	
342	250	Inês Curvelo Mendes	Individual	33:33	+15:52	05:25	
343	353	Paulo Medeiros	Individual	33:37	+15:56	05:25	
344	526	Paulo Câmara	Kickboxing Clube de São Miguel	33:37	+15:56	05:25	
345	633	NUNO OURO	Regimento de Guarnição N°2	33:37	+15:56	05:25	
346	91	Susana Alexandra Gomes Soares	ATLÉTICO CLUBE DA FAJÃ GRANDE	33:46	+16:05	05:27	
347	508	António Carreiro	JIV	33:52	+16:11	05:28	
348	423	Luís Rodrigues	Individual	33:53	+16:12	05:28	
349	386	Nuno Resendes	Individual	33:55	+16:14	05:28	
350	83	Carmen Costa	ADSP	33:56	+16:15	05:28	
351	2320	Mário Terra	Individual	33:59	+16:18	05:29	
352	438	Jorge Eduardo Narciso da Rosa Figueira Pinheiro	Individual	34:03	+16:22	05:30	
353	775	Simão Almeida	ACTIVE CLUBE	34:05	+16:24	05:30	
354	702	Fábio Cardoso	Fun&Runners Club	34:06	+16:25	05:30	

**PROVA PRINCIPAL - STAGE 1**

**6,2 KM**

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
355	533	Rita Correia	LetsRunAzores	34:11	+16:30	05:31	
356	715	Raquel Borges	LetsRunAzores	34:12	+16:31	05:31	
357	315	Vera Vultão	Individual	34:15	+16:34	05:31	
358	561	Marta Oliveira Vasconcelos Mendonça	Morcegos Trail Club	34:16	+16:35	05:32	
359	750	Sara Costa	JIV	34:29	+16:48	05:34	
360	136	Délcia Ponte	CrossFit PDL	34:31	+16:50	05:34	
361	448	Paulo António Alves Garcia Amaral	Individual	34:38	+16:57	05:35	
362	771	João Moniz Silva	Individual	34:40	+16:59	05:35	
363	712	JACINTO FERREIRA RAPOSO	Individual	34:41	+17:00	05:36	
364	169	Marina da Silva Medeiros	Fun&Runners Club	34:45	+17:04	05:36	
365	671	Luis Borrego	Velha Guarda Trail Team	34:46	+17:05	05:36	
366	269	Francisco Cardoso	Individual	34:47	+17:06	05:37	
367	426	Nuno Gonçalves	Individual	34:48	+17:07	05:37	
368	251	Inês Viana	Individual	34:48	+17:07	05:37	
369	592	Gonçalo Costa Giesta	NSCPISM	34:49	+17:08	05:37	
370	498	João Santos	JIV	34:50	+17:09	05:37	
371	756	Adolfo Baixinho	Individual	34:51	+17:10	05:37	
372	754	Vitor Vieira	Individual	34:56	+17:15	05:38	
373	523	Erasmo Moniz	Kickboxing Clube de São Miguel	35:00	+17:19	05:39	
374	337	ANDRE MONIZ	Individual	35:03	+17:22	05:39	
375	424	Marco Rui matos costa	Individual	35:03	+17:22	05:39	
376	287	Tibério Baptista	Individual	35:04	+17:23	05:39	
377	635	CARLOS BASILIO	Regimento de Guarnição N°2	35:05	+17:24	05:40	
378	157	Filipa Lima	Fun&Runners Club	35:06	+17:25	05:40	
379	462	Afonso Neves	JIV	35:06	+17:25	05:40	
380	675	Tiago Alves Branco	JIV	35:07	+17:26	05:40	
381	272	Jaime Daniel Leite Pereira	Individual	35:18	+17:37	05:42	
382	265	Diogo Braga Gomes	Individual	35:20	+17:39	05:42	
383	84	Ana Sofia da Silva Ferreira Rico	ADSP	35:25	+17:44	05:43	
384	270	Gonçalo Carreiro	Individual	35:38	+17:57	05:45	
385	344	João Ferreira	Individual	35:39	+17:58	05:45	
386	159	Nicole Costa	Fun&Runners Club	35:40	+17:59	05:45	
387	666	Maria do Carmo Borrego	Velha Guarda Trail Team	35:42	+18:01	05:45	
388	444	Gualter Lopes	Individual	35:47	+18:06	05:46	
389	697	Maria de Lourdes Melo Gomes de Sousa	Individual	35:51	+18:10	05:47	
390	309	Raquel Pombo Martins	Individual	35:52	+18:11	05:47	
391	321	Dalila Manuela Amaral Ferro	Individual	36:04	+18:23	05:49	
392	731	André Pereira	Individual	36:08	+18:27	05:50	
393	172	Teresa Sousa	Fun&Runners Club	36:08	+18:27	05:50	
394	350	Nelson António Rodrigues de Campos	Individual	36:10	+18:29	05:50	
395	769	Francisco Carvalho	Individual	36:12	+18:31	05:50	
396	776	Dina Silva	ACTIVE CLUBE	36:20	+18:39	05:52	
397	365	Alexandre Costa Matos	Individual	36:24	+18:43	05:52	
398	330	Tânia Viegas	Individual	36:26	+18:45	05:53	

PROVA PRINCIPAL - STAGE 1

6,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
399	51	Sandra Sousa	ACTIVE CLUBE	36:29	+18:48	05:53	
400	61	Vanda Aguiar	ACTIVE CLUBE	36:29	+18:48	05:53	
401	409	Paulo Alexandre Godinho Parreira	Individual	36:39	+18:58	05:55	
402	522	Bruno Carvalho	Kickboxing Clube de São Miguel	36:44	+19:03	05:56	
403	760	Joana Pacheco	Individual	36:47	+19:06	05:56	
404	390	Tiago Cardoso	Individual	36:50	+19:09	05:56	
405	685	Fabio Ribeiro	Individual	36:50	+19:09	05:56	
406	153	Ana Araújo	Fun&Runners Club	37:04	+19:23	05:59	
407	429	pedro janeiro	Individual	37:06	+19:25	05:59	
408	158	Joana Margarida Melo Raposo	Fun&Runners Club	37:08	+19:27	05:59	
409	618	PATRICIA FERREIRA	Regimento de Guarnição N°2	37:10	+19:29	06:00	
410	302	Joana Fernandes	Individual	37:11	+19:30	06:00	
411	263	Cristiano Maurício	Individual	37:12	+19:31	06:00	
412	647	Yasmin Redolosis	SCDC	37:12	+19:31	06:00	
413	378	Hugo Pereira	Individual	37:13	+19:32	06:00	
414	420	Jorge Homem Gouveia	Individual	37:13	+19:32	06:00	
415	82	Margarida Ferreira Rico	ADSP	37:13	+19:32	06:00	
416	293	ANA SOUSA	Individual	37:14	+19:33	06:00	
417	239	Sara Cristina Oliveira Gonçalves	Individual	37:14	+19:33	06:00	
418	156	Catarina Barbosa	Fun&Runners Club	37:17	+19:36	06:01	
419	388	Rafael Avila de Espindola	Individual	37:17	+19:36	06:01	
420	316	Verónica Campos	Individual	37:17	+19:36	06:01	
421	342	Hernâni Alegre	Individual	37:17	+19:36	06:01	
422	661	Ricardo Soares	Soares	37:20	+19:39	06:01	
423	248	Bruna Travassos Valério	Individual	37:24	+19:43	06:02	
424	686	Cândida Pavão	Individual	37:31	+19:50	06:03	
425	260	Rita Gouveia Almeida	Individual	37:35	+19:54	06:04	
426	72	Filipe Alves	ACTIVE CLUBE	37:41	+20:00	06:05	
427	401	Marco Filipe Resendes	Individual	37:43	+20:02	06:05	
428	64	Elizabeth Alves	ACTIVE CLUBE	37:56	+20:15	06:07	
429	57	Dulce Moreira	ACTIVE CLUBE	37:56	+20:15	06:07	
430	363	Adélio Câmara	Individual	38:09	+20:28	06:09	
431	372	Décio Brasil	Individual	38:09	+20:28	06:09	
432	385	Nuno Pavão Nunes	Individual	38:11	+20:30	06:09	
433	56	Cláudia Santana	ACTIVE CLUBE	38:20	+20:39	06:11	
434	663	Pedro Jerónimo	Tudo ao Molhe	38:20	+20:39	06:11	
435	519	Rute Moniz	Kickboxing Clube de São Miguel	38:21	+20:40	06:11	
436	520	IVONE DE FATIMA AZEVEDO PACHECO	Kickboxing Clube de São Miguel	38:22	+20:41	06:11	
437	296	Cintia Marisa Pereira de Freitas	Atlético Clube da Fajã Grande	38:23	+20:42	06:11	
438	768	Gorete Amaro	ACTIVE CLUBE	38:23	+20:42	06:11	
439	435	Filipe Goulart Batista	Individual	38:48	+21:07	06:15	
440	637	JAIME CUNHA	Regimento de Guarnição N°2	38:53	+21:12	06:16	
441	304	Magda Reis	Individual	38:58	+21:17	06:17	
442	726	Margarida Santos	Individual	39:00	+21:19	06:17	
443	246	Andreia Carreiro	Individual	39:03	+21:22	06:18	



**PROVA PRINCIPAL - STAGE 1**

**6,2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>	<b>CARD</b>
444	399	Luís Miguel Andrade Moniz Lopes Furtado	Individual	39:03	+21:22	06:18	
445	341	Henrique Ferreira	Individual	39:03	+21:22	06:18	
446	95	Susana Andreia de Macedo Soares Lopes	Azorean Lactic Acid Droppers	39:08	+21:27	06:19	
447	97	Helder José Carvalho Cidade	Azorean Lactic Acid Droppers	39:09	+21:28	06:19	
448	98	Luís Filipe Gomes Gonçalves	Azorean Lactic Acid Droppers	39:09	+21:28	06:19	
449	317	Ana Cristina Sousa	Individual	39:13	+21:32	06:20	
450	436	Homajun Khoshgoui	Individual	39:13	+21:32	06:20	
451	446	LUIS NUNO PONTE NETO VIVEIROS	Individual	39:18	+21:37	06:20	
452	349	Luis Miguel Silva Furnas	Individual	39:18	+21:37	06:20	
453	311	Rita Lourenço	Individual	39:19	+21:38	06:20	
454	194	Teresa Sá Costa	HL Runners Club	39:25	+21:44	06:21	
455	198	Vitor Costa	HL Runners Club	39:25	+21:44	06:21	
456	292	Ana Ponte	Individual	39:26	+21:45	06:22	
457	328	Paula Alexandra Lopes Vasconcelos Ramos	Individual	39:28	+21:47	06:22	
458	243	Ana Catarina Ferreira Pinto	Individual	39:30	+21:49	06:22	
459	713	Alexandre Bernardo Mendes	Individual	39:31	+21:50	06:22	
460	787	Ana Cunha Martin	Individual	39:43	+22:02	06:24	
461	137	Maria da Graça Cabral	CrossFit PDL	39:53	+22:12	06:26	
462	680	Maria da Graça Martins da Cunha Pacheco	CrossFit PDL	39:53	+22:12	06:26	
463	714	Natalia Perez Peña	Individual	39:58	+22:17	06:27	
464	781	Miguel Câmara	Individual	40:02	+22:21	06:27	
465	534	Rita Reis	LetsRunAzores	40:03	+22:22	06:28	
466	329	SÓNIA MEDEIROS	Individual	40:09	+22:28	06:29	
467	320	Dalila Henriques Dinis	Individual	40:16	+22:35	06:30	
468	780	Isabel Melo	JIV	40:21	+22:40	06:30	
469	601	Rui Farias	Os Flechas	40:23	+22:42	06:31	
470	779	Simão Melo	Individual	40:26	+22:45	06:31	
471	295	Catarina Soares	Individual	40:33	+22:52	06:32	
472	303	Madalena de Duarte Saraiva	Individual	40:33	+22:52	06:32	
473	238	Mariana Santos	Individual	40:35	+22:54	06:33	
474	664	Cátia Ponte	Velha Guarda Trail Team	40:36	+22:55	06:33	
475	298	Eliana Braga	Individual	40:36	+22:55	06:33	
476	531	Cora Branco	LetsRunAzores	40:58	+23:17	06:36	
477	167	Cátia Medeiros	Fun&Runners Club	40:59	+23:18	06:37	
478	154	Carolina Melo	Fun&Runners Club	40:59	+23:18	06:37	
479	521	Paula Torres	Kickboxing Clube de São Miguel	41:11	+23:30	06:39	
480	611	Miguel Gonçalves	Os Migs	41:13	+23:32	06:39	
481	727	Diego castro patiño	Individual	41:16	+23:35	06:39	
482	261	Sara Enriqueta Suay Alcalá	Individual	41:16	+23:35	06:39	
483	253	Lucia Gonzalez Dominguez	Individual	41:17	+23:36	06:39	
484	276	Miguel José	Individual	41:17	+23:36	06:40	
485	535	Susana Medeiros	LetsRunAzores	41:18	+23:37	06:40	

## PROVA PRINCIPAL - STAGE 1

6,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
486	678	Carmen Costa	Individual	41:18	+23:37	06:40	
487	244	Ana Maria Lopes de Oliveira	Individual	41:20	+23:39	06:40	
488	338	Bruno Miguel de Almeida Furtado	Individual	41:30	+23:49	06:42	
489	179	Rui Jesus	Fun&Runners Club	41:40	+23:59	06:43	
490	693	Solange Maria Teodoro Pacheco	Individual	41:41	+24:00	06:43	
491	694	Carlos Costa	Individual	41:41	+24:00	06:43	
492	164	Tiago Botelho Medeiros	Fun&Runners Club	41:52	+24:11	06:45	
493	301	Isabel Valério Resendes Tavares Carreiro	Individual	42:09	+24:28	06:48	
494	405	Nuno Filipe Lopes	Individual	42:25	+24:44	06:50	
495	171	SOFIA BORGES	Fun&Runners Club	42:33	+24:52	06:52	
496	416	Duarte Metello de Nápoles	Individual	42:39	+24:58	06:53	
497	2326	Kevin Matkoski	Individual	42:57	+25:16	06:56	
498	300	Helena Margarida Santos Medeiros	Individual	42:58	+25:17	06:56	
499	662	Rui Carreiro	Tudo ao Molhe	43:07	+25:26	06:57	
500	256	Maria Gouveia	Individual	44:41	+27:00	07:12	
501	695	Maria Casanova	Individual	44:45	+27:04	07:13	
502	445	Luis Bilau	Individual	44:48	+27:07	07:14	
503	67	Maria Inês Leite	ACTIVE CLUBE	45:38	+27:57	07:22	
504	236	Simão Pedro Medeiros	Individual	45:41	+28:00	07:22	
505	234	Igor Bernardo Aguiar	Individual	45:41	+28:00	07:22	
506	319	Catarina Martins	Individual	46:06	+28:25	07:26	
507	66	Sofia Viveiros	ACTIVE CLUBE	46:06	+28:25	07:26	
508	94	Rosa Maria Marques Cadima Soares Veiga	Azorean Lactic Acid Droppers	46:11	+28:30	07:27	
509	785	Ana Raquel Roque Raposo	Individual	46:11	+28:30	07:27	
510	96	Joel Filipe da Silva Duarte	Azorean Lactic Acid Droppers	46:11	+28:30	07:27	
511	312	Talita Cristina Tavares Ferreira	Individual	46:12	+28:31	07:27	
512	721	Vera Jorge	Individual	46:18	+28:37	07:28	
513	687	Aida Medeiros	JIV	46:23	+28:42	07:29	
514	610	Helena Simões	Os Migs	46:26	+28:45	07:29	
515	305	Marilda de Fátima Couto Aguiar	Individual	47:49	+30:08	07:43	
516	348	Luis Carlos Moedas Ferreira	Individual	47:49	+30:08	07:43	
517	88	RITA ALMEIDA	ATIVE CLUBE	48:10	+30:29	07:46	
518	87	LEONOR SOARES	ATIVE CLUBE	48:10	+30:29	07:46	
519	89	ELISA CARVALHO	ATIVE CLUBE	48:10	+30:29	07:46	
520	598	José Nobre	Olimpico Clube de Lagos	52:37	+34:56	08:29	
521	595	Maria Whittle	Olimpico Clube de Lagos	52:45	+35:04	08:30	
522	594	Dionilde Martins	Olimpico Clube de Lagos	52:46	+35:05	08:31	
523	665	Célia Figueiredo	Velha Guarda Trail Team	52:54	+35:13	08:32	
524	670	David Estrela	Velha Guarda Trail Team	52:54	+35:13	08:32	
525	593	Ana Rodrigues	Olimpico Clube de Lagos	52:56	+35:15	08:32	
526	596	Hélder Rodrigues	Olimpico Clube de Lagos	53:00	+35:19	08:33	

## MINI - STAGE 1

1,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	18:30	19,4°C	88%
End	19:45	19,4°C	88%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	739	Pablo Martin Soares Paramio Monteiro	CDOL - Clube Desportivo Operário de Lagoa	04:11	-	-	-
2	753	Duarte Mota Peixoto	Individual	04:23	+00:12	-	-
3	112	Gustavo Terra	CDOL - Clube Desportivo Operário de Lagoa	04:34	+00:23	-	-
4	724	Leonardo Santos	JIV	04:41	+00:30	-	-
5	2304	Afonso Ferreira. Medeiros	Individual	04:49	+00:38	-	-
6	777	Leonardo Rodrigues	Individual	04:49	+00:38	-	-
7	459	Helena Rodrigues	JIV	04:49	+00:38	-	-
8	18	Alexandre Rodrigues	SCDC	04:50	+00:39	-	-
9	233	João Silveira	Individual	04:51	+00:40	-	-
10	186	Dinis Miranda	HL Runners Club	04:52	+00:41	-	-
11	230	Rafael Lourenço Costa	Individual	04:54	+00:43	-	-
12	187	Maria Miranda	JIV	04:56	+00:45	-	-
13	452	António Melo	JIV	04:58	+00:47	-	-
14	15	Lucas Medeiros	Clube Desportivo Santa Clara	04:59	+00:48	-	-
15	455	Filipa Costa	JIV	05:03	+00:52	-	-
16	460	Maria Ferreira	JIV	05:04	+00:53	-	-
17	456	Francisca Xavier	JIV	05:05	+00:54	-	-
18	682	Francisco Pacheco Pina	CrossFit PDL	05:06	+00:55	-	-
19	188	Afonso Miranda	HL Runners Club	05:08	+00:57	-	-
20	458	Matilde Amaral	JIV	05:09	+00:58	-	-
21	13	Tatiana Couto	Clube Desportivo Santa Clara	05:14	+01:03	-	-
22	14	Elias Augusto	Clube Desportivo Santa Clara	05:18	+01:07	-	-
23	748	João Bernardo Vasconcelos Mendonça	Individual	05:24	+01:13	-	-
24	778	Ismael Rodrigues	Individual	05:30	+01:19	-	-
25	10	Ana Sofia Carvalho	Clube Desportivo Santa Clara	05:31	+01:20	-	-
26	2313	Carolina Martins	CDOL - Clube Desportivo Operário de Lagoa	05:33	+01:22	-	-
27	216	Miguel Silva Resendes	Individual	05:37	+01:26	-	-
28	2322	India Terra	CDOL	05:38	+01:27	-	-
29	25	Valter Pacheco	SCDC	05:38	+01:27	-	-
30	700	Rita Barbosa Medeiros	JIV	05:39	+01:28	-	-
31	16	Nuno Ferreira	Clube Desportivo Santa Clara	05:39	+01:28	-	-
32	227	Gonçalo Soares	Individual	05:41	+01:30	-	-
33	606	David Gonçalves	Os Migs	05:42	+01:31	-	-
34	454	Joel Aragão	JIV	05:42	+01:31	-	-
35	762	Manuel Couto	Individual	05:42	+01:32	-	-
36	222	André Tomé de Andrade Cerqueira da Silva Soares	Individual	05:45	+01:34	-	-
37	723	Leonor Vultão	LetsRunAzores	05:46	+01:35	-	-
38	736	Mariana Pontes	Fun&Runners Club	05:46	+01:35	-	-
39	151	Leonor Santos	Fun&Runners Club	05:49	+01:38	-	-
40	214	António Cabral de Meneses Martins	Individual	05:49	+01:38	-	-

### MINI - STAGE 1

1,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	738	Henrique Pacheco Câmara	Individual	05:54	+01:43	-	
42	229	Guilherme Morais	Individual	05:55	+01:44	-	
43	767	Henrique Nilsson Bettencourt Raposo	MTC	05:55	+01:44	-	
44	605	Júlia Gonçalves	Os Migs	05:57	+01:46	-	
45	2317	João Afonso Machado Freitas	Individual	06:01	+01:50	-	
46	461	Maria Luísa Machado Correia	JIV	06:02	+01:51	-	
47	217	Samuel Ferreira	Individual	06:05	+01:54	-	
48	766	Frederico Nilsson Bettencourt Raposo	MTC	06:05	+01:54	-	
49	11	Maria Maia	Clube Desportivo Santa Clara	06:07	+01:56	-	
50	102	Rodrigo Sampaio	CAL Clínica	06:11	+02:00	-	
51	588	Rita Pereira Bettencourt	NSCPISM	06:15	+02:04	-	
52	81	Mariana Ferreira Rico	ADSP	06:16	+02:05	-	
53	719	Manuel Valério	Individual	06:21	+02:10	-	
54	587	Luana Botelho Costa	NSCPISM	06:21	+02:10	-	
55	2307	Mª Francisca Ferreira	Fontinhas Ativa - Promotora	06:23	+02:12	-	
56	453	Gustavo Costa	JIV	06:24	+02:13	-	
57	737	Sofia Pontes	Fun&Runners Club	06:24	+02:13	-	
58	224	Luca Lemes Giacomini	Individual	06:25	+02:14	-	
59	755	Lara João Pinheiro Santos	Individual	06:25	+02:14	-	
60	751	Miguel Godinho Pereira Pinheiro da Silva	Individual	06:28	+02:17	-	
61	774	Daniel Almeida	ACTIVE CLUBE	06:31	+02:20	-	
62	451	Matilde Soares	JIV	06:36	+02:25	-	
63	691	Claudemiro Pimentel	Clube Desportivo Santa Clara	06:39	+02:28	-	
64	688	Tomé Martins Michielsen	Individual	06:43	+02:32	-	
65	590	David Moniz Machado	NSCPISM	06:45	+02:34	-	
66	683	Bernardo Machado	Individual	06:50	+02:39	-	
67	730	Joaquim Pereira	Individual	06:51	+02:40	-	
68	584	Lourenco Sabino Alves	NSCPISM	06:53	+02:42	-	
69	101	Lourenço Mendonça	CAL Clínica	06:55	+02:44	-	
70	591	Rodrigo Giesta Afonso	NSCPISM	06:55	+02:44	-	
71	2319	MARIA CAROLINA DE FRANÇA SOARES OLIVEIRA LOPES	JIV	06:55	+02:44	-	
72	689	Dinis Martins Michielsen	Individual	06:57	+02:46	-	
73	211	Mariana Silva	Individual	06:58	+02:47	-	
74	583	David Pires Sousa	NSCPISM	07:01	+02:50	-	
75	722	Sofia Carreiro	Individual	07:03	+02:52	-	
76	185	Maria Inês Gonçalves	HL Runners Club	07:11	+03:00	-	
77	690	Matilde Fortuna	Individual	07:12	+03:01	-	
78	220	Mariana Farinha	Individual	07:19	+03:08	-	
79	232	Filipe Soares	Individual	07:33	+03:22	-	
80	212	Matilde Cordeiro	Individual	07:37	+03:26	-	
81	770	Simão Soares	SCDC	07:38	+03:27	-	
82	204	Alice Tomé de Andrade Cerqueira da Silva Soares	Individual	07:40	+03:29	-	

**MINI - STAGE 1**
**1,3 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
83	734	Baltasar Ledo Medeiros	Individual	07:43	+03:32	-	
84	733	Vasco sousa amaral	Individual	07:46	+03:35	-	
85	457	Ianna Aragão	JIV	07:53	+03:42	-	
86	589	Afonso Costa Giesta	NSCPISM	08:15	+04:04	-	
87	684	Rodrigo Anahory	Individual	08:26	+04:15	-	
88	213	Núria Simão	Individual	08:30	+04:19	-	
89	19	Andre Amaral	SCDC	08:35	+04:24	-	
90	23	Ruben Dutra	SCDC	08:36	+04:25	-	
91	17	Glória Ferreira	SCDC	08:43	+04:32	-	
92	12	Maria Vicente	Clube Desportivo Santa Clara	08:45	+04:34	-	
93	692	Durval Santos	Clube Desportivo Santa Clara	08:55	+04:44	-	
94	210	Maria Isabel Machado	Individual	09:21	+05:10	-	
95	209	Maria Inês Machado	Individual	09:21	+05:10	-	
96	22	Ricardo Melo	SCDC	09:27	+05:16	-	
97	703	Mariana Moniz	Fun&Runners Club	10:45	+06:34	-	
98	150	Clarisse Raposo Câmara	Fun&Runners Club	10:45	+06:34	-	
99	24	Rui Lopes	SCDC	11:20	+07:09	-	
100	207	Íris Ávila Pacheco do Carmo Ricardo	Individual	13:15	+09:04	-	
101	20	Filipe Mendonça	SCDC	14:04	+09:53	-	
102	221	Sofia Ferreira Pedro	Individual	14:33	+10:22	-	
103	205	Beatriz Ferreira Pedro	Individual	14:35	+10:24	-	

**Mini****1,3 KM****OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	18:30	19,4°C	88%
End	19:45	19,4°C	88%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Benjamim A Feminino**

1	211	Mariana Silva	Individual	Benjamim A Feminino	06:58	-	-
2	185	Maria Inês Gonçalves	HL Runners Club	Benjamim A Feminino	07:11	+00:13	-
3	212	Matilde Cordeiro	Individual	Benjamim A Feminino	07:37	+00:39	-
4	204	Alice Tomé de Andrade Cerqueira da Silva Soares	Individual	Benjamim A Feminino	07:40	+00:42	-
5	213	Núria Simão	Individual	Benjamim A Feminino	08:30	+01:32	-
6	210	Maria Isabel Machado	Individual	Benjamim A Feminino	09:21	+02:23	-
7	209	Maria Inês Machado	Individual	Benjamim A Feminino	09:21	+02:23	-
8	703	Mariana Moniz	Fun&Runners Club	Benjamim A Feminino	10:45	+03:47	-
9	150	Clarisse Raposo Câmara	Fun&Runners Club	Benjamim A Feminino	10:45	+03:47	-
10	207	Íris Ávila Pacheco do Carmo Ricardo	Individual	Benjamim A Feminino	13:15	+06:17	-
11	205	Beatriz Ferreira Pedro	Individual	Benjamim A Feminino	14:35	+07:37	-

**Benjamim A Masculino**

1	186	Dinis Miranda	HL Runners Club	Benjamim A Masculino	04:52	-	-
2	216	Miguel Silva Resendes	Individual	Benjamim A Masculino	05:37	+00:44	-
3	214	António Cabral de Meneses Martins	Individual	Benjamim A Masculino	05:49	+00:57	-
4	767	Henrique Nilsson Bettencourt Raposo	MTC	Benjamim A Masculino	05:55	+01:03	-
5	217	Samuel Ferreira	Individual	Benjamim A Masculino	06:05	+01:13	-
6	751	Miguel Godinho Pereira Pinheiro da Silva	Individual	Benjamim A Masculino	06:28	+01:36	-
7	774	Daniel Almeida	ACTIVE CLUBE	Benjamim A Masculino	06:31	+01:39	-
8	730	Joaquim Pereira	Individual	Benjamim A Masculino	06:51	+01:59	-
9	101	Lourenço Mendonça	CAL Clínica	Benjamim A Masculino	06:55	+02:02	-
10	734	Baltasar Ledo Medeiros	Individual	Benjamim A Masculino	07:43	+02:51	-
11	733	Vasco sousa amaral	Individual	Benjamim A Masculino	07:46	+02:54	-
12	684	Rodrigo Anahory	Individual	Benjamim A Masculino	08:26	+03:34	-

**Benjamim B Feminino**

1	2322	India Terra	CDOL	Benjamim B Feminino	05:38	-	-
2	700	Rita Barbosa Medeiros	JIV	Benjamim B Feminino	05:39	+00:01	-
3	605	Júlia Gonçalves	Os Migs	Benjamim B Feminino	05:57	+00:18	-
4	737	Sofia Pontes	Fun&Runners Club	Benjamim B Feminino	06:24	+00:46	-
5	755	Lara João Pinheiro Santos	Individual	Benjamim B Feminino	06:25	+00:47	-
6	451	Matilde Soares	JIV	Benjamim B Feminino	06:36	+00:58	-
7	2319	MARIA CAROLINA DE FRANÇA SOARES OLIVEIRA LOPES	JIV	Benjamim B Feminino	06:55	+01:17	-

Official Timekeeper: Lap2Go

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generate 16-dez.-2023 21:37

Mini

1,3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

8	690	Matilde Fortuna	Individual	Benjamim B Feminino	07:12	+01:34	-
9	220	Mariana Farinha	Individual	Benjamim B Feminino	07:19	+01:40	-
10	221	Sofia Ferreira Pedro	Individual	Benjamim B Feminino	14:33	+08:55	-

### Benjamim B Masculino

1	452	António Melo	JIV	Benjamim B Masculino	04:58		-
2	748	João Bernardo Vasconcelos Mendonça	Individual	Benjamim B Masculino	05:24	+00:26	-
3	778	Ismael Rodrigues	Individual	Benjamim B Masculino	05:30	+00:32	-
4	454	Joel Aragão	JIV	Benjamim B Masculino	05:42	+00:44	-
5	222	André Tomé de Andrade Cerqueira da Silva Soares	Individual	Benjamim B Masculino	05:45	+00:47	-
6	2317	João Afonso Machado Freitas	Individual	Benjamim B Masculino	06:01	+01:03	-
7	766	Frederico Nilsson Bettencourt Raposo	MTC	Benjamim B Masculino	06:05	+01:07	-
8	453	Gustavo Costa	JIV	Benjamim B Masculino	06:24	+01:26	-
9	224	Luca Lemes Giacomini	Individual	Benjamim B Masculino	06:25	+01:27	-
10	683	Bernardo Machado	Individual	Benjamim B Masculino	06:50	+01:52	-
11	584	Lourenco Sabino Alves	NSCPISM	Benjamim B Masculino	06:53	+01:55	-
12	689	Dinis Martins Michielsen	Individual	Benjamim B Masculino	06:57	+01:59	-
13	583	David Pires Sousa	NSCPISM	Benjamim B Masculino	07:01	+02:03	-

### Infantil Feminino

1	187	Maria Miranda	JIV	Infantil Feminino	04:56		-
2	455	Filipa Costa	JIV	Infantil Feminino	05:03	+00:07	-
3	456	Francisca Xavier	JIV	Infantil Feminino	05:05	+00:08	-
4	458	Matilde Amaral	JIV	Infantil Feminino	05:09	+00:13	-
5	723	Leonor Vultão	LetsRunAzores	Infantil Feminino	05:46	+00:49	-
6	588	Rita Pereira Bettencourt	NSCPISM	Infantil Feminino	06:15	+01:19	-
7	81	Mariana Ferreira Rico	ADSP	Infantil Feminino	06:16	+01:20	-
8	587	Luana Botelho Costa	NSCPISM	Infantil Feminino	06:21	+01:25	-
9	2307	Mª Francisca Ferreira	Fontinhas Ativa - Promotora	Infantil Feminino	06:23	+01:27	-
10	722	Sofia Carreiro	Individual	Infantil Feminino	07:03	+02:07	-
11	457	Ianna Aragão	JIV	Infantil Feminino	07:53	+02:57	-

### Infantil Masculino

1	2304	Afonso Ferreira. Medeiros	Individual	Infantil Masculino	04:49		-
2	230	Rafael Lourenço Costa	Individual	Infantil Masculino	04:54	+00:04	-
3	682	Francisco Pacheco Pina	CrossFit PDL	Infantil Masculino	05:06	+00:17	-
4	188	Afonso Miranda	HL Runners Club	Infantil Masculino	05:08	+00:19	-
5	227	Gonçalo Soares	Individual	Infantil Masculino	05:41	+00:52	-
6	762	Manuel Couto	Individual	Infantil Masculino	05:42	+00:53	-
7	738	Henrique Pacheco Câmara	Individual	Infantil Masculino	05:54	+01:05	-
8	229	Guilherme Moraes	Individual	Infantil Masculino	05:55	+01:06	-

### Mini

**1,3 KM**

### OFFICIAL RESULT

9	102	Rodrigo Sampaio	CAL Clínica	Infantil Masculino	06:11	+01:22	-
10	719	Manuel Valério	Individual	Infantil Masculino	06:21	+01:32	-
11	688	Tomé Martins Michielsen	Individual	Infantil Masculino	06:43	+01:54	-
12	590	David Moniz Machado	NSCPISM	Infantil Masculino	06:45	+01:56	-
13	591	Rodrigo Giesta Afonso	NSCPISM	Infantil Masculino	06:55	+02:06	-
14	770	Simão Soares	SCDC	Infantil Masculino	07:38	+02:49	-
15	589	Afonso Costa Giesta	NSCPISM	Infantil Masculino	08:15	+03:26	-

### Iniciado Feminino

1	459	Helena Rodrigues	JIV	Iniciado Feminino	04:49		-
2	460	Maria Ferreira	JIV	Iniciado Feminino	05:04	+00:14	-
3	2313	Carolina Martins	CDOL - Clube Desportivo Operário de Lagoa	Iniciado Feminino	05:33	+00:43	-
4	736	Mariana Pontes	Fun&Runners Club	Iniciado Feminino	05:46	+00:56	-
5	151	Leonor Santos	Fun&Runners Club	Iniciado Feminino	05:49	+00:59	-
6	461	Maria Luísa Machado Correia	JIV	Iniciado Feminino	06:02	+01:12	-

### Iniciado Masculino

1	739	Pablo Martin Soares Paramio Monteiro	CDOL - Clube Desportivo Operário de Lagoa	Iniciado Masculino	04:11		-
2	753	Duarte Mota Peixoto	Individual	Iniciado Masculino	04:23	+00:12	-
3	112	Gustavo Terra	CDOL - Clube Desportivo Operário de Lagoa	Iniciado Masculino	04:34	+00:23	-
4	724	Leonardo Santos	JIV	Iniciado Masculino	04:41	+00:29	-
5	777	Leonardo Rodrigues	Individual	Iniciado Masculino	04:49	+00:37	-
6	233	João Silveira	Individual	Iniciado Masculino	04:51	+00:39	-
7	606	David Gonçalves	Os Migs	Iniciado Masculino	05:42	+01:30	-
8	232	Filipe Soares	Individual	Iniciado Masculino	07:33	+03:21	-

### Senior Feminino

1	13	Tatiana Couto	Clube Desportivo Santa Clara	Senior Feminino	05:14		-
2	10	Ana Sofia Carvalho	Clube Desportivo Santa Clara	Senior Feminino	05:31	+00:17	-
3	11	Maria Maia	Clube Desportivo Santa Clara	Senior Feminino	06:07	+00:53	-
4	17	Glória Ferreira	SCDC	Senior Feminino	08:43	+03:29	-
5	12	Maria Vicente	Clube Desportivo Santa Clara	Senior Feminino	08:45	+03:30	-

### Senior Masculino

1	18	Alexandre Rodrigues	SCDC	Senior Masculino	04:50		-
2	15	Lucas Medeiros	Clube Desportivo Santa Clara	Senior Masculino	04:59	+00:09	-
3	14	Elias Augusto	Clube Desportivo Santa Clara	Senior Masculino	05:18	+00:28	-
4	25	Valter Pacheco	SCDC	Senior Masculino	05:38	+00:48	-
5	16	Nuno Ferreira	Clube Desportivo Santa Clara	Senior Masculino	05:39	+00:49	-

Official Timekeeper: Lap2Go	3 / 4	generate 16-dez.-2023 21:37
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**Mini****1,3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	691	Claudemiro Pimentel	Clube Desportivo Santa Clara	Senior Masculino	06:39	+01:49	-
7	19	Andre Amaral	SCDC	Senior Masculino	08:35	+03:45	-
8	23	Ruben Dutra	SCDC	Senior Masculino	08:36	+03:46	-
9	692	Durval Santos	Clube Desportivo Santa Clara	Senior Masculino	08:55	+04:05	-
10	22	Ricardo Melo	SCDC	Senior Masculino	09:27	+04:36	-
11	24	Rui Lopes	SCDC	Senior Masculino	11:20	+06:30	-
12	20	Filipe Mendonça	SCDC	Senior Masculino	14:04	+09:14	-



## TEAM RESULTS - MASCULINO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	SCP	6 + 7 + 9	22
2	RUN TEJO – PREVENT SPRAIN	8 + 12 + 17	37
3	MAIA AC	10 + 13 + 15	38
4	JUVENTUDE VIDIGALENSE	5 + 14 + 23	42
5	GRUPO RECREATIVO EIRENSE	16 + 20 + 21	57
6	JIV	4 + 27 + 29	60
7	RD AGUEDA	3 + 34 + 41	78
8	CDOL - CLUBE DESPORTIVO OPERÁRIO DE LAGOA	19 + 30 + 39	88
9	MORCEGOS TRAIL CLUB	28 + 32 + 38	98
10	HL RUNNERS CLUB	36 + 37 + 58	131
11	CLUBE DESPORTIVO DE VILA FRANCA	33 + 57 + 137	227
12	REGIMENTO DE GUARNIÇÃO Nº2	72 + 85 + 101	258
13	MTC	42 + 54 + 170	266
14	ACTIVE CLUBE	79 + 83 + 113	275
15	LETSRUNAZORES	68 + 104 + 110	282
16	FUN&RUNNERS CLUB	89 + 95 + 106	290
17	CROSSFIT PDL	92 + 143 + 154	389
18	MILHAFRES	105 + 136 + 166	407
19	NSCPISM	64 + 88 + 288	440
20	KICKBOXING CLUBE DE SÃO MIGUEL	152 + 167 + 169	488
21	VELHA GUARDA TRAIL TEAM	192 + 201 + 252	645
22	OS FLECHAS	186 + 228 + 337	751
23	OLIMPICO CLUBE DE LAGOS	59 + 355 + 357	771
24	AZOREAN LACTIC ACID DROPPERS	329 + 330 + 353	1012